

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1. Name of the medicinal product

**ZEXIT-DT** (Artemether 20 mg & Lumefantrine 120 mg dispersible Tablets)

### 2. Qualitative and quantitative composition

Each film coated tablet contains:

Artemether .....20 mg

Lumefantrine USP .....120 mg

Excipients..... q.s.

Approved colour used

For a full list of excipients, see section 6.1.

### 3. Pharmaceutical form

Dispersible Tablets

### 4. Clinical particulars

#### 4.1 Therapeutic indications

ZEXIT-DT is indicated for the treatment of acute uncomplicated *Plasmodium falciparum* malaria in adults, children and infants of 5 kg and above.

Consideration should be given to official guidance regarding the appropriate use of antimalarial agents.

#### 4.2 Posology and method of administration

##### Posology

##### Adults and children weighing 35 kg and above

For patients 12 years of age and above and 35 kg body weight and above, a course of treatment comprises six doses of four tablets i.e. total of 24 tablets, given over a period of 60 hours as follows: the first dose of four tablets, given at the time of initial diagnosis, should be followed by five further doses of four tablets given at 8, 24, 36, 48 and 60 hours thereafter.

##### Children and infants weighing 5 kg to less than 35 kg

A six-dose regimen is recommended with 1 to 3 tablets per dose, depending on bodyweight:

5 to less than 15 kg bodyweight: the first dose of one tablet, given at the time of initial diagnosis, should be followed by five further doses of one tablet given at 8, 24, 36, 48 and 60 hours thereafter.

15 to less than 25 kg bodyweight: the first dose of two tablets, given at the time of initial diagnosis, should be followed by five further doses of two tablets given at 8, 24, 36, 48 and 60 hours thereafter.

25 to less than 35 kg bodyweight: the first dose of three tablets, given at the time of initial diagnosis, should be followed by five further doses of three tablets given at 8, 24, 36, 48 and 60 hours thereafter.

#### Infants weighing less than 5 kg

The safety and efficacy of ZEXIT dispersible tablets have not been established in infants weighing less than 5 kg and no dosing recommendations can be made. Currently available data are described in section 5.1 and 5.2.

#### Older people

There is no information suggesting that the dosage in patients over 65 years of age should be different than in younger adults.

#### **Method of administration** Tablets

for oral administration.

To increase absorption, ZEXIT-DT should be taken with food or a milky drink (see section 5.2). If patients are unable to tolerate food, ZEXIT-DT should be administered/dispersed with water, but the systemic exposure may be reduced. Patients who vomit within 1 hour of taking the medication should repeat the dose.

For administration to small children and infants, the tablets are to be dispersed in water.

### **4.3 Contraindications**

ZEXIT-DT is contraindicated in:

- patients with known hypersensitivity to the active substances or to any of the excipients listed in section 6.1.
- patients with severe malaria according to WHO definition\*.
- patients who are taking any drug which is metabolised by the cytochrome enzyme CYP2D6 (e.g. metoprolol, imipramine, amitriptyline, clomipramine).
- patients with a family history of sudden death or of congenital prolongation of the QTc interval on electrocardiograms, or with any other clinical condition known to prolong the QTc interval.
- patients taking drugs that are known to prolong the QTc interval (proarrhythmic). These drugs include:
  - antiarrhythmics of classes IA and III,
  - neuroleptics, antidepressive agents,

- certain antibiotics including some agents of the following classes: macrolides, fluoroquinolones, imidazole and triazole antifungal agents,
- certain non-sedating antihistamines (terfenadine, astemizole),
- cisapride.
- flecainide
- patients with a history of symptomatic cardiac arrhythmias or with clinically relevant bradycardia or with congestive cardiac failure accompanied by reduced left ventricle ejection fraction.
- patients with disturbances of electrolyte balance e.g. hypokalemia or hypomagnesemia.
- patients taking drugs that are strong inducers of CYP3A4 such as rifampin, carbamazepine, phenytoin, St. John's wort (*Hypericum perforatum*).

(\*Presence of one or more of the following clinical or laboratory features:

Clinical manifestation: Prostration; impaired consciousness or unarousable coma; failure to feed; deep breathing, respiratory distress (acidotic breathing); multiple convulsions; circulatory collapse or shock; pulmonary edema (radiological); abnormal bleeding; clinical jaundice; hemoglobinuria

Laboratory test: Severe normocytic anemia; hemoglobuniuria; hypoglycemia; metabolic acidosis; renal impairment; hyperlactatemia; hyperparasitemia)

#### **4.4 Special warnings and precautions for use**

ZEXIT-DT is not recommended during the first trimester of pregnancy in situations where other suitable and effective antimalarials are available (see section 4.6).

ZEXIT-DT has not been evaluated for the treatment of severe malaria, including cases of cerebral malaria or other severe manifestations such as pulmonary oedema or renal failure.

Due to limited data on safety and efficacy, ZEXIT-DT should not be given concurrently with any other antimalarial agent (see section 4.5) unless there is no other treatment option.

If a patient deteriorates whilst taking ZEXIT-DT, alternative treatment for malaria should be started without delay. In such cases, monitoring of the ECG is recommended and steps should be taken to correct any electrolyte disturbances.

The long elimination half-life of lumefantrine must be taken into account when administering quinine in patients previously treated with ZEXIT-DT.

If quinine is given after ZEXIT-DT, close monitoring of the ECG is advised (see section 4.5).

If ZEXIT-DT is given after mefloquine, close monitoring of food intake is advised (see section 4.5).

In patients previously treated with halofantrine, ZEXIT-DT should not be administered earlier than one month after the last halofantrine dose.

ZEXIT-DT is not indicated and has not been evaluated for prophylaxis of malaria.

ZEXIT-DT should be used cautiously in patients on anti-retroviral drugs (ARTs) since decreased artemether, DHA, and/or lumefantrine concentrations may result in a decrease of

antimalarial efficacy of ZEXIT-DT, (see section 4.5).

Like other antimalarials (e.g. halofantrine, quinine and quinidine) ZEXIT-DT has the potential to cause QT prolongation (see section 5.1).

Caution is recommended when combining ZEXIT-DT with drugs exhibiting variable patterns of inhibition, moderate induction or competition for CYP3A4 as the therapeutic effects of some drugs could be altered. Drugs that have a mixed inhibitory/induction effect on CYP3A4, especially anti-retroviral drugs such as HIV protease inhibitors and non-nucleoside reverse transcriptase inhibitors should be used with caution in patients taking ZEXIT-DT (see sections 4.5 and 5.2).

Caution is recommended when combining ZEXIT-DT with hormonal contraceptives. ZEXIT-DT may reduce the effectiveness of hormonal contraceptives. Therefore, patients using oral, transdermal patch, or other systemic hormonal contraceptives should be advised to use an additional non-hormonal method of birth control for about one month (see sections 4.5).

Patients who remain averse to food during treatment should be closely monitored as the risk of recrudescence may be greater.

#### Renal impairment

No specific studies have been carried out in this group of patients. There is no significant renal excretion of lumefantrine, artemether and dihydroartemisinin in studies conducted in healthy volunteers and clinical experience is limited. No dose adjustment for the use of ZEXIT-DT in patients with renal impairment is recommended. Caution is advised when administering ZEXIT-DT to patients with severe renal impairment. In these patients, ECG and blood potassium monitoring is advised.

#### Hepatic impairment

No specific studies have been carried out in this group of patients. In patients with severe hepatic impairment, a clinically relevant increase of exposure to artemether and lumefantrine and/or their metabolites cannot be ruled out. Therefore caution should be exercised in dosing patients with severe hepatic impairment (see section 5.2). In these patients, ECG and blood potassium monitoring is advised. No dose adjustment is recommended for patients with mild to moderate hepatic impairment.

#### New infections

Data for a limited number of patients in a malaria endemic area show that new infections can be treated with a second course of ZEXIT-DT. In the absence of carcinogenicity study data, and due to lack of clinical experience, more than two courses of ZEXIT-DT cannot be recommended.

#### Excipient with known effect:

This medicine contains less than 1 mmol sodium (23 mg) per tablet, i.e. is essentially “sodium-free.”

### **4.5 Interaction with other medicinal products and other forms of interaction**

#### **Contraindications of concomitant use**

##### Interaction with drugs that are known to prolong the QTc interval

ZEXIT-DT is contraindicated with concomitant use of drugs (they may cause prolonged QTc interval and Torsade de Pointes) such as: antiarrhythmics of classes IA and III, neuroleptics and antidepressant agents, certain antibiotics including some agents of the following classes: macrolides, fluoroquinolones, imidazole, and triazole antifungal agents, certain non-sedating antihistamines (terfenadine, astemizole), cisapride, flecainide (see section 4.3)

#### Interaction with drugs metabolized by CYP2D6

Lumefantrine was found to inhibit CYP2D6 in vitro. This may be of particular clinical relevance for compounds with a low therapeutic index. Co-administration of ZEXIT-DT with drugs that are metabolised by this iso-enzyme is contraindicated (e.g. neuroleptics, metoprolol, and tricyclic antidepressants such as imipramine, amitriptyline, clomipramine) is contraindicated (see sections 4.3 and 5.2).

#### Interaction with strong inducers of CYP3A4 such as rifampin

Oral administration of rifampin (600 mg daily), a strong CYP3A4 inducer, with ZEXIT-DT Tablets (6-dose regimen over 3 days) in six HIV-1 and tuberculosis coinfecting adults without malaria resulted in significant decreases in exposure to artemether (89%), DHA (85%) and lumefantrine (68%) when compared to exposure values after ZEXIT-DT alone. Concomitant use of strong inducers of CYP3A4 such as rifampin, carbamazepine, phenytoin, St. John's Wort is contraindicated with ZEXIT-DT (see section 4.3).

Inducers should not be administered at least one month after ZEXIT-DT administration, unless critical to use as judged by the prescriber.

#### **Concomitant use not recommended**

#### Interaction with other antimalarial drugs (see section 4.4)

Data on safety and efficacy are limited, and ZEXIT-DT should therefore not be given concurrently with other antimalarials unless there is no other treatment option (see section 4.4).

If ZEXIT-DT is given following administration of mefloquine or quinine, close monitoring of food intake (for mefloquine) or of the ECG (for quinine) is advised. The long elimination half-life of lumefantrine must be taken into account when administering quinine in patients previously treated with ZEXIT-DT. In patients previously treated with halofantrine, ZEXIT-DT should not be administered earlier than one month after the last halofantrine dose (see section 4.4).

#### Mefloquine

A drug interaction study with ZEXIT-DT in man involved administration of a 6-dose regimen over 60 hours in healthy volunteers which was commenced at 12 hours after completion of a 3-dose regimen of mefloquine or placebo. Plasma mefloquine concentrations from the time of addition of ZEXIT-DT were not affected compared with a group which received mefloquine followed by placebo.

Pre-treatment with mefloquine had no effect on plasma concentrations of artemether or the artemether/dihydroartemisinin ratio but there was a significant reduction in plasma levels of lumefantrine, possibly due to lower absorption secondary to a mefloquine-induced decrease in bile production. Patients should be encouraged to eat at dosing times to compensate for the decrease in bioavailability.

#### Quinine

A drug interaction study in healthy male volunteers showed that the plasma concentrations of lumefantrine and quinine were not affected when i.v. quinine (10 mg/kg BW over 2 hours) was given sequentially 2 hours after the last (sixth) dose of ZEXIT-DT (so as to produce concurrent plasma peak levels of lumefantrine and quinine). Plasma concentrations of artemether and dihydroartemisinin (DHA) appeared to be lower. In this study, administration of ZEXIT-DT to 14 subjects had no effect on QTc interval. Infusion of quinine alone in 14 other subjects caused a transient prolongation of QTc interval, which was consistent with the known cardiotoxicity of quinine. This effect was slightly, but significantly, greater when quinine was infused after ZEXIT-DT in 14 additional subjects. It would thus appear that the inherent risk of QTc prolongation associated with i.v. quinine was enhanced by prior administration of ZEXIT-DT.

### **Concomitant use requiring caution**

### **Interactions affecting the use of ZEXIT-DT**

#### **Interaction with CYP3A4 inhibitors**

Both artemether and lumefantrine are metabolised predominantly by the cytochrome enzyme CYP3A4, but do not inhibit this enzyme at therapeutic concentrations.

#### **Ketoconazole**

The concurrent oral administration of ketoconazole with ZEXIT-DT led to a modest increase ( $\leq$  2-fold) in artemether, DHA, and lumefantrine exposure in healthy adult subjects. This increase in exposure to the antimalarial combination was not associated with increased side effects or changes in electrocardiographic parameters. Based on this study, dose adjustment of ZEXIT-DT is considered unnecessary in falciparum malaria patients when administered in association with ketoconazole or other potent CYP3A4 inhibitors.

ZEXIT-DT should be used cautiously with drugs that inhibit CYP3A4 and are contraindicated with drugs which additionally are known to prolong QTc (see Section 4.3 Contraindications), due to potential for increased concentrations of lumefantrine which could lead to QT prolongation.

#### **Interaction with weak to moderate inducers of CYP3A4**

When ZEXIT-DT is co-administered with moderate inducers of CYP3A4, it may result in decreased concentrations of artemether and/or lumefantrine and loss of antimalarial efficacy (see section 4.4).

#### **Interaction with anti-retroviral drugs such as protease inhibitors and non-nucleoside reverse transcriptase inhibitors**

Both artemether and lumefantrine are metabolized by CYP3A4. ARTs, such as protease inhibitors and non-nucleoside reverse transcriptase inhibitors, are known to have variable patterns of inhibition, induction or competition for CYP3A4. ZEXIT-DT should be used cautiously in patients on ARTs since decreased artemether, DHA, and/or lumefantrine concentrations may result in a decrease of antimalarial efficacy of ZEXIT-DT, and increased lumefantrine concentrations may cause QT prolongation (see Section 4.4).

#### **Lopinavir/ritonavir**

In a clinical study in healthy volunteers, lopinavir/ritonavir decreased the systemic exposures to artemether and DHA by approximately 40% but increased the exposure to lumefantrine by

approximately 2.3- fold. Exposures to lopinavir/ritonavir were not significantly affected by concomitant use of ZEXIT-DT.

### Nevirapine

In a clinical study in HIV-infected adults, nevirapine significantly reduced the median C<sub>max</sub> and AUC of artemether by approximately 61% and 72%, respectively and reduced the median C<sub>max</sub> and AUC of dihydroartemisinin by approximately 45% and 37%, respectively. Lumefantrine C<sub>max</sub> and AUC were non-significantly reduced by nevirapine. Artemether/lumefantrine reduced the median C<sub>max</sub> and AUC of nevirapine by approximately 43% and 46% respectively.

### Efavirenz

Efavirenz decreased the exposures to artemether, DHA, and lumefantrine by approximately 50%, 45%, and 20%, respectively. Exposures to efavirenz were not significantly affected by concomitant use of ZEXIT-DT.

## **Interactions resulting in effects of ZEXIT-DT on other drugs**

### Interaction with drugs metabolized by CYP450 enzymes

When ZEXIT-DT is co-administered with substrates of CYP3A4 it may result in decreased concentrations of the substrate and potential loss of substrate efficacy. Studies in humans have demonstrated that artemisinins have some capacity to induce CYP3A4 and CYP2C19 and inhibit CYP2D6 and CYP1A2. Although the magnitude of the changes was generally low it is possible that these effects could alter the therapeutic response of drugs that are predominantly metabolised by these enzymes (see sections 4.4 and 5.2).

### Interaction with hormonal contraceptives

In vitro, the metabolism of ethinyl estradiol and levonorgestrel was not induced by artemether, DHA, or lumefantrine. However, artemether has been reported to weakly induce, in humans, the activity of CYP2C19, CYP2B6, and CYP3A. Therefore, ZEXIT-DT may potentially reduce the effectiveness of hormonal contraceptives. Patients using oral, transdermal patch, or other systemic hormonal contraceptives should be advised to use an additional nonhormonal method of birth control for about one month (see sections 4.4 and 4.6).

## **Drug-food/drink interactions**

ZEXIT-DT should be taken with food or drinks rich in fat such as milk as the absorption of both artemether and lumefantrine is increased (see Section 4.2).

Grapefruit juice should be used cautiously during ZEXIT-DT treatment. Administration of artemether with grapefruit juice in healthy adult subjects resulted in an approximately two fold increase in systemic exposure to the parent drug.

## **1.1 Fertility, pregnancy and lactation**

### Women of childbearing potential

Women using oral, transdermal patch, or other systemic hormonal contraceptives should be advised to use an additional non-hormonal method of birth control for about one month (see section 4.4).

### Pregnancy

A meta-analysis of observational studies including over 500 artemether-lumefantrine exposed women in their first trimester of pregnancy assessed adverse pregnancy outcomes. The data showed that compared to quinine, artemisinin treatment, including artemether-lumefantrine, was not associated with an increased risk of miscarriage, stillbirth or congenital anomalies. However, due to the limitations of these studies, the risk of adverse pregnancy outcomes for artemether-lumefantrine exposed women in early pregnancy cannot be excluded.

Safety data from pregnancy studies including over 1200 pregnant women who were exposed to artemether-lumefantrine during the second or third trimester did not show an increase in adverse pregnancy outcomes or teratogenic effects over background rates.

Studies in animals have shown reproductive toxicity (see section 5.3).

ZEXIT-DT treatment is not recommended during the first trimester of pregnancy in situations where other suitable and effective antimalarials are available (see section 4.4). However, it should not be withheld in life-threatening situations, where no other effective antimalarials are available. During the second and third trimester, ZEXIT-DT treatment should be considered if the expected benefit to the mother outweighs the risk to the foetus.

### Breast-feeding

Animal data suggest excretion into breast milk but no data are available in humans. Women taking ZEXIT-DT should not breast-feed during their treatment. Due to the long elimination half-life of lumefantrine (2 to 6 days), it is recommended that breast-feeding should not resume until at least one week after the last dose of ZEXIT-DT unless potential benefits to the mother and child outweigh the risks of ZEXIT-DT treatment.

### Fertility

There is no information on the effects of ZEXIT-DT on human fertility (see section 5.3).

## **1.1 Effects on ability to drive and use machines**

Patients receiving ZEXIT-DT should be warned that dizziness or fatigue/asthenia may occur in which case they should not drive or use machines.

## **1.2 Undesirable effects**

The safety of ZEXIT-DT has been evaluated in 20 clinical trials with more than 3500 patients. A total of 1810 adults and adolescents above 12 years of age as well as 1788 infants and children of 12 years of age and below have received ZEXIT-DT in clinical trials.

Adverse reactions reported from clinical studies and post-marketing experience are listed below according to system organ class.

Adverse reactions are ranked under headings of frequency using the MedDRA frequency convention:

Very common ( $\geq 1/10$ )



Common ( $\geq 1/100$  to  $< 1/10$ )

Uncommon ( $\geq 1/1,000$  to  $< 1/100$ )

Rare ( $\geq 1/10,000$  to  $< 1/1,000$ )

Very rare ( $< 1/10,000$ )

Not known (cannot be estimated from available data).

**Table 1 Frequency of Undesirable effects**

	<b>Adults and adolescents above 12 years of age</b>	<b>Infants and children of 12 years of age and below (incidence estimates)</b>
<b>Blood and lymphatic system disorders</b>		
Delayed haemolytic anaemia <sup>#</sup>	Not Known	Not Known
<b>Immune system disorders</b>		
Hypersensitivity	Not known	Rare
<b>Metabolism and nutrition disorders</b>		
Decreased appetite	Very common	Very common (16.8 %)
<b>Psychiatric disorders</b>		
Sleep disorders	Very common	Common (6.4 %)
Insomnia	Common	Uncommon
<b>Nervous system disorders</b>		
Headache	Very common	Very common (17.1 %)

Dizziness	Very common	Common (5.5 %)
Paraesthesia	Common	--
Ataxia, hypoaesthesia	Uncommon	--
Somnolence	Uncommon	Uncommon
Clonus	Common	Uncommon
<b>Cardiac disorders</b>		
Palpitations	Very common	Common (1.8 %)
Electrocardiogram QT prolonged	Common	Common (5.3 %)
<b>Respiratory, thoracic and mediastinal disorders</b>		
Cough	Common	Very common (22.7 %)
<b>Gastrointestinal disorders</b>		
Vomiting	Very common	Very common (20.2 %)
Abdominal pain	Very common	Very common (12.1 %)
Nausea	Very common	Common (6.5 %)
Diarrhoea	Common	Common (8.4 %)
<b>Hepatobiliary disorders</b>		
Liver function tests increased	Uncommon	Common (4.1 %)
<b>Skin and subcutaneous tissue disorders</b>		
Rash	Common	Common (2.7 %)
Pruritus	Common	Uncommon
Urticaria	Uncommon	Uncommon
Angioedema*	Not known	Not known
<b>Musculoskeletal and connective tissue disorders</b>		
Arthralgia	Very common	Common (2.1 %)
Myalgia	Very common	Common (2.2 %)
<b>General disorders and administration site conditions</b>		
Asthenia	Very common	Common (5.2 %)
Fatigue	Very common	Common (9.2 %)
Gait disturbance	Common	--

\*: These adverse reactions were reported during post-marketing experience. Because these spontaneously reported events are from a population of uncertain size, it is difficult to estimate their frequency.

#: Has been reported up to a few weeks after treatment has been stopped

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product.

#### **4.6 Overdose**

In cases of suspected overdosage symptomatic and supportive therapy should be given as appropriate, which should include ECG and blood potassium monitoring.

## **5. Pharmacological properties**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: antimalarials, blood schizontocide, ATC code: P01 BF01.

#### Pharmacodynamic effects

ZEXIT-DT comprises a fixed ratio of 1:6 parts of artemether and lumefantrine, respectively. The site of antiparasitic action of both components is the food vacuole of the malarial parasite, where they are thought to interfere with the conversion of haem, a toxic intermediate produced during haemoglobin breakdown, to the nontoxic haemozoin, malaria pigment. Lumefantrine is thought to interfere with the polymerisation process, while artemether generates reactive metabolites as a result of the interaction between its peroxide bridge and haem iron. Both artemether and lumefantrine have a secondary action involving inhibition of nucleic acid- and protein synthesis within the malarial parasite. ZEXIT-DT has been reported to have potent activity in terms of clearing gametocytes.

By 2015, resistance to artemisinins emerged in Southeast Asia. Studies with ZEXIT-DT in this region showed delayed parasite clearance (manifested as a higher proportion of patients with parasitemia on Day 3 after initiation of treatment), although overall efficacy as measured by cure rates after 28 days, remained high (WHO 2014). In Africa, only isolated reports on delayed parasite clearance are available and a clear trend towards resistance development was not observed.

#### Treatment of Acute Uncomplicated *P. falciparum* Malaria

The efficacy of ZEXIT DISPERSIBLE Tablets was evaluated for the treatment of acute, uncomplicated malaria (defined as symptomatic *P. falciparum* malaria without signs and symptoms of severe malaria or evidence of vital organ dysfunction) in five 6-dose regimen studies and one study comparing the 6-dose regimen with the 4-dose regimen. Baseline parasite density ranged from 500/μl - 200,000/μl (0.01% to 4% parasitemia) in the majority of patients. Studies were conducted in otherwise healthy, partially immune or non-immune adults and children (≥5kg body weight) with uncomplicated malaria in Thailand, sub-Saharan Africa, Europe, and South America.

Efficacy endpoints consisted of:

- 28-day cure rate, proportion of patients with clearance of asexual parasites within 7 days without recrudescence by day 28
- parasite clearance time (PCT), defined as time from first dose until first total and continued disappearance of asexual parasite which continues for a further 48 hours
- fever clearance time (FCT), defined as time from first dose until the first time body temperature fell below 37.5°C and remained below 37.5°C for at least a further 48 hours (only for patients with temperature >37.5°C at baseline)

The modified intent to treat (mITT) population includes all patients with malaria diagnosis confirmation who received at least one dose of study drug. Evaluable patients generally are all patients who had a day 7 and a day 28 parasitological assessment or experienced treatment failure by day 28. The results are presented in the table below:

**Table 2 Clinical efficacy results**

Study No.	Age	Polymerase chain reaction (PCR)-corrected 28-day cure rate <sup>1</sup> n/N (%) in evaluable patients	Median FCT <sup>2</sup> [25 <sup>th</sup> , 75 <sup>th</sup> percentile]	Median PCT <sup>2</sup> [25 <sup>th</sup> , 75 <sup>th</sup> percentile]	Year/ Study location
A025 <sup>4</sup>	3-62 years	93/96 (96.9)	n <sup>3</sup> =59 35 hours [20, 46]	n=118 44 hours [22, 47]	1996-97 Thailand
A026	2-63 years	130/133 (97.7)	n <sup>3</sup> =87 22 hours [19, 44]	NA	1997-98 Thailand
A028	12-71 years	148/154 (96.1)	n <sup>3</sup> =76 29 hours [8, 51]	n=164 29 hours [18, 40]	1998-99 Thailand
A2401	16-66 years	119/124 (96.0)	n <sup>3</sup> =100 37 hours [18, 44]	n=162 42 hours [34, 63]	2001-05 Europe, Columbia
A2403	2 months-9 years	289/299 (96.7)	n <sup>3</sup> =309 8 hours [8, 24]	n=310 24 hours [24, 36]	2002-03 3 countries in Africa
B2303 <sup>CT</sup>	3 months-12 years	403/419 (96.2)	n <sup>3</sup> =323 8 hours [8, 23]	n=452 35 hours [24, 36]	2006-07 5 countries in Africa
B2303 <sup>DT</sup>	3 months-12 years	394/416 (94.7)	n <sup>3</sup> =311 8 hours [8, 24]	n=446 34 hours [24, 36]	2006-07 5 countries in Africa

<sup>1</sup> Efficacy cure rate based on blood smear microscopy

<sup>2</sup> mITT population

<sup>3</sup> For patients who had a body temperature >37.5°C at baseline only

<sup>4</sup> Only the 6-dose regimen over 60 hours group data is presented <sup>DT</sup> – ZEXIT Dispersible tablets

ZEXIT-DT is not indicated for, and has not been evaluated in, the treatment of malaria due to *P. vivax*, *P. malariae* or *P. ovale*, although some patients in clinical studies had co-infection with *P. falciparum* and *P. vivax* at baseline. In 319 adult patients in whom gametocytes were present, the median time to gametocyte clearance with ZEXIT-DT was 96 hours. ZEXIT-DT is active against blood stages

of *Plasmodium vivax*, but is not active against hypnozoites.

### Paediatric population

Three studies have been conducted

Study A2403 was conducted in Africa in 310 infants and children aged 2 months to 9 years, weighing 5 kg to 25 kg, with an axillary temperature  $\geq 37.5^{\circ}\text{C}$ . Results of 28-day cure rate (PCR-corrected), median parasite clearance time (PCT), and fever clearance time (FCT) are reported in table 3 below.

Study B2303 was conducted in Africa in 452 infants and children, aged 3 months to 12 years, weighing 5 kg to  $<35$  kg, with fever ( $\geq 37.5^{\circ}\text{C}$  axillary or  $\geq 38^{\circ}\text{C}$  rectally) or history of fever in the preceding 24 hours. This study compared crushed tablets and dispersible tablets. Results of 28-day cure rate (PCR-corrected), median parasite clearance time (PCT), and fever clearance time (FCT) for crushed tablets are reported in table 3 below.

**Table 3 Clinical efficacy by weight for pediatric studies**

<b>Study No. Weight category</b>	<b>Median PCT<sup>1</sup> [25<sup>th</sup>, 75<sup>th</sup> percentile]</b>	<b>PCR-corrected 28-day cure rate<sup>2</sup> n/N (%) in evaluable patients</b>
Study A2403	24 hours [24, 36]	145/149 (97.3)
5 - <10 kg	35 hours [24, 36]	103/107 (96.3)
10 - <15 kg	24 hours [24, 36]	41/43 (95.3)
15 -25 kg		
Study B2303 <sup>CT</sup>	36 hours [24, 36]	65/69 (94.2)
5 - <10 kg	35 hours [24, 36]	174/179 (97.2)
10 - <15 kg	35 hours [24, 36]	134/140 (95.7)
15 -<25 kg	26 hours [24, 36]	30/31 (96.8)
25-35 kg		

<sup>1</sup> mITT population

<sup>2</sup> Efficacy cure rate based on blood smear microscopy

Study B2306, was a multi-centre, open-label, single-arm study conducted in 20 infants in Africa, Benin and Burkina Faso to evaluate the efficacy, safety and pharmacokinetics of dispersible tablets in infants aged  $>28$  days and  $<5$  kg of body weight, who were treated with one dispersible tablet (20 mg artemether/120 mg lumefantrine) given twice-daily for three days and followed up for six weeks (core follow-up) and at the age of 12 months (long-term follow-up).

Dispersible tablets were well tolerated with reported adverse events of mild to moderate severity. In the per protocol population, PCR-corrected cure rate at days 28 and 42 was 100% (95% CI: 79.4, 100). For important exposure results, see section 5.2. Although neurotoxicity was not observed in the patients in Study B2306, artemether has been associated with neurotoxicity in studies in rats and dogs, see section 5.3.

## **QT/QTc Prolongation:**

Adults and children with malaria

For information on the risk of QT/QTc prolongation in patients see section 4.4

Healthy adults

In a healthy adult volunteer parallel group study including a placebo and moxifloxacin control group (n=42 per group), the administration of the six dose regimen of ZEXIT-DT was associated with prolongation of QTcF. The mean changes from baseline at 68, 72, 96, and 108 hours post first dose were 7.45, 7.29, 6.12 and 6.84 msec, respectively. At 156 and 168 hours after first dose, the changes from baseline for QTcF had no difference from zero. No subject had a >30 msec increase from baseline nor an absolute increase to >500 msec. Moxifloxacin control was associated with a QTcF increase as compared to placebo for 12 hours after the single dose with a maximal change at 1 hour after dose of 14.1 msec.

In the adult/adolescent population included in clinical trials, 8 patients (0.8%) receiving ZEXIT-DT experienced a QTcB >500 msec and 3 patients (0.4%) a QTcF >500 msec. Prolongation of QTcF interval >30 msec was observed in 36% of patients.

In clinical trials conducted in children with the 6-dose regimen, no patient had post-baseline QTcF >500 msec whereas 29.4% had QTcF increase from baseline >30 msec and 5.1% >60 msec. In clinical trials conducted in adults and adolescents with the 6-dose regimen, post-baseline QTcF prolongation of >500 msec was reported in 0.2% of patients, whereas QTcF increase from baseline >30 msec was reported in 33.9% and >60 msec in 6.2% of patients.

In the infant/children population included in clinical trials, 3 patients (0.2%) experienced a QTcB >500 msec. No patient had QTcF >500 msec. Prolongation of QTcF intervals >30 msec was observed in 34% of children weighing 5-10 kg, 31% of children weighing 10-15 kg and 24% of children weighing 15-25 kg, and 32% of children weighing 25-35 kg.

## **5.2 Pharmacokinetic properties**

Pharmacokinetic characterisation of ZEXIT-DT is limited by the lack of an intravenous formulation, and the very high inter- and intra-subject variability of artemether and lumefantrine plasma concentrations and derived pharmacokinetic parameters (AUC, C<sub>max</sub>).

### Absorption

Artemether is absorbed fairly rapidly and dihydroartemisinin, the active metabolite of artemether, appears rapidly in the systemic circulation with peak plasma concentrations of both compounds reached about 2 hours after dosing. Mean C<sub>max</sub> and AUC values of artemether ranged between 60.0–104 ng/ml and 146–338 ng·h/ml, respectively, in fed healthy adults after a single dose of ZEXIT-

DT, 20 mg artemether/120 mg lumefantrine. Mean C<sub>max</sub> and AUC values of dihydroartemisinin ranged between 49.7–104 ng/mL and 169–308 ng·h/mL, respectively. Absorption of lumefantrine, a highly lipophilic compound, starts after a lag-time of up to 2 hours, with peak plasma concentration (mean between 5.10–9.80 µg/mL) about 6–8 hours after dosing. Mean AUC values of lumefantrine ranged between 108 and 243 µg·h/mL. Food enhances the absorption of both artemether and lumefantrine: in healthy volunteers the relative bioavailability of artemether was increased more than two-fold, and that of lumefantrine sixteen-fold compared with fasted conditions when ZEXIT-DT was taken after a high-fat meal.

Food has also been shown to increase the absorption of lumefantrine in patients with malaria, although to a lesser extent (approximately two-fold), most probably due to the lower fat content of the food ingested by acutely ill patients. The food interaction data indicate that absorption

of lumefantrine under fasted conditions is very poor (assuming 100% absorption after a high-fat meal, the amount absorbed under fasted conditions would be <10% of the dose). Patients should therefore be encouraged to take the medication with a normal diet as soon as food can be tolerated.

### Distribution

Artemether and lumefantrine are both highly bound to human serum proteins *in vitro* (95.4% and 99.7%, respectively). Dihydroartemisinin is also bound to human serum proteins (47–76%).

### Biotransformation

Artemether is rapidly and extensively metabolised (substantial first-pass metabolism) both *in vitro* and in humans. Human liver microsomes metabolise artemether to the biologically active main metabolite dihydroartemisinin (demethylation), predominantly through the isoenzyme CYP3A4/5. This metabolite has also been detected in humans *in vivo*.

Glucuronidation of dihydroartemisinin is predominately catalysed by UGT1A9 and UGT2B7. Dihydroartemisinin is further converted to inactive metabolites.

The pharmacokinetics of artemether in adults is time-dependent. During repeated administration of ZEXIT-DT, plasma artemether levels decreased significantly, while levels of the active metabolite (dihydroartemisinin) increased, although not to a statistically significant degree. The ratio of day 3/day 1 AUC for artemether was between 0.19 and 0.44, and was between 1.06 and 2.50 for dihydroartemisinin. This suggests that there was induction of the enzyme responsible for the metabolism of artemether. Artemether and dihydroartemisinin were reported to have a mild inducing effect on CYP3A4 activity. The clinical evidence of induction is consistent with the *in vitro* data described in section 4.5

Lumefantrine is N-debutylated, mainly by CYP3A4, in human liver microsomes. *In vivo* in animals (dogs and rats), glucuronidation of lumefantrine takes place directly and after oxidative biotransformation. In humans, the exposure to

lumefantrine increases with repeated administration of ZEXIT-DT over the 3-day treatment period, consistent with the slow elimination of the compound (see section 5.2 Elimination). Systemic exposure to the metabolite desbutyl-lumefantrine, for which the *in vitro* antiparasitic effect is 5 to 8 fold higher than that for lumefantrine, was less than 1% of the exposure to the parent drug. Desbutyl-lumefantrine data is not available specifically for an African population. *In vitro*, lumefantrine significantly inhibits the activity of CYP2D6 at therapeutic plasma concentrations (see sections 4.3 and 4.5).

### Elimination

Artemether and dihydroartemisinin are rapidly cleared from plasma with a terminal half-life of about 2 hours. Lumefantrine is eliminated very slowly with an elimination half-life of 2 to 6 days. Demographic characteristics such as sex and weight appear to have no clinically relevant effects on the pharmacokinetics of ZEXIT-DT.

Limited urinary excretion data are available for humans. In 16 healthy volunteers, neither lumefantrine nor artemether was found in urine after administration of ZEXIT-DT, and only traces of dihydroartemisinin were detected (urinary excretion of dihydroartemisinin amounted to less than 0.01% of the artemether dose).

In animals (rats and dogs), no unchanged artemether was detected in faeces and urine due to its rapid and extensive first-pass metabolism, but numerous metabolites (partly identified) have been detected in faeces, bile and urine. Lumefantrine was excreted unchanged in faeces and with traces only in urine. Metabolites of lumefantrine were eliminated in bile/faeces.

### Dose proportionality

No specific dose proportionality studies were performed. Limited data suggest a dose- proportional increase of systemic exposure to lumefantrine when doubling the ZEXIT-DT dose. No conclusive data is available for artemether.

### Bioavailability/bioequivalence studies

Systemic exposure to lumefantrine, artemether and dihydroartemisinin was similar following administration of ZEXIT as dispersible tablets and crushed tablets in healthy adults.

Systemic exposure to lumefantrine was similar following administration of ZEXIT dispersible tablets and intact tablets in healthy adults. However, exposure to artemether and dihydroartemisinin was significantly lower (by 20-35%) for the dispersible than for the intact tablet. These findings are not considered to be clinically relevant for the use of the dispersible tablets in the paediatric population since adequate efficacy of ZEXIT dispersible tablets was demonstrated in this population. The dispersible tablet is not recommended for use in adults.

### Older people

No specific pharmacokinetic studies have been performed in elderly patients.



However, there is no information suggesting that the dosage in patients over 65 years of age should be different than in younger adults.

#### Paediatric population

In paediatric malaria patients, mean C<sub>max</sub> (CV%) of artemether (observed after first dose of ZEXIT-DT) were 223 (139%), 198 (90%) and 174 ng/ml (83%) for body weight groups 5-<15, 15-<25 and 25-<35 kg, respectively, compared to 186 ng/ml (67%) in adult malaria patients. The associated mean C<sub>max</sub> of DHA were 54.7 (108%), 79.8 (101%) and 65.3 ng/mL (36%), respectively compared to 101 ng/ml (57%) in adult malaria patients. AUC of lumefantrine (population mean, covering the six doses of ZEXIT-DT) were 577, 699 and 1150 µg•h/ml for paediatric malaria patients in body weight groups 5-<15, 15-<25 and 25-<35 kg, respectively, compared to a mean AUC of 758 µg•h/ml (87%) in adult malaria patients. The elimination half-lives of artemether and lumefantrine in children are unknown.

#### Infants weighing <5 kg

Study B2306 (see section 5.1) showed that the C<sub>max</sub> of artemether and DHA in infants with uncomplicated *P. falciparum* malaria weighing <5 kg and older than 28 days of age who were treated with artemether/lumefantrine dispersible tablets, was on average 2- to 3-fold higher than that in pediatric patients with a body weight ≥5 kg and children up to 12 years of age treated with the same dose of ZEXIT-DT tablets. The mean C<sub>max</sub> of lumefantrine was similar to that observed in pediatric patients with a body weight ≥5 kg.

#### Race/Ethnicity

Pharmacokinetics of artemether, DHA and lumefantrine in the Japanese population was found to be consistent with other populations.

#### Hepatic and Renal impairment

No specific pharmacokinetic studies have been performed either in patients with hepatic or renal insufficiency or elderly patients. The primary clearance mechanism of both artemether and lumefantrine may be affected in patients with hepatic impairment. In patients with severe hepatic impairment, a clinically significant increase of exposure to artemether and lumefantrine and/or their metabolites cannot be ruled out. Therefore, caution should be exercised in dosing patients with severe hepatic impairment. Based on the pharmacokinetic data in 16 healthy subjects showing no or insignificant renal excretion of lumefantrine, artemether and dihydroartemisinin, no dose adjustment for the use of ZEXIT-DT in patients with renal impairment is advised.

### **5.3 Preclinical safety data**

### General toxicity

The main changes observed in repeat-dose toxicity studies were associated with the expected pharmacological action on erythrocytes, accompanied by responsive secondary haematopoiesis.

### Neurotoxicity

Studies in dogs and rats have shown that intramuscular injections of artemether resulted in brain lesions. Changes observed mainly in brainstem nuclei included chromatolysis, eosinophilic cytoplasmic granulation, spheroids, apoptosis and dark neurons. Lesions were observed in rats dosed for at least 7 days and dogs for at least 8 days, but lesions were not observed after shorter intramuscular treatment courses or after oral dosing. The estimated artemether 24 h AUC after 7 days of dosing at the no observed effect level is approximately 7-fold greater or more than the estimated artemether 24 h AUC in adult humans. The hearing threshold was affected at 20 dB by oral artemether administration to dogs at a dose of about 29 times the highest artemether clinical dose (160 mg/day) based on body surface area comparisons. Most nervous system disorder adverse events in the studies of the 6-dose regimen were mild in intensity and resolved by the end of the study.

### Mutagenicity

Artemether and lumefantrine were not genotoxic/clastogenic based on *in vitro* and *in vivo* tests

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Carcinogenicity studies were

not conducted. Reproductive

toxicity studies

Embryotoxicity was observed in rat and rabbit reproductive toxicity studies conducted with artemether, a derivative of artemisinin. Artemisinins are known to be embryotoxic. Lumefantrine alone caused no sign of reproductive or development toxicity at doses up to 1,000

mg/kg/day in rats and rabbits, doses which are at least 10 times higher than the daily human dose based on body surface area comparisons.

Reproductive toxicity studies performed with the artemether-lumefantrine combination caused maternal toxicity and increased post-implantation loss in rats and rabbits.

Artemether caused increases in post-implantation loss and teratogenicity (characterised as a low incidence of cardiovascular and skeletal malformations) in rats and rabbits. The embryotoxic artemether dose in the rat yields artemether and dihydroartemisinin exposures similar to those achieved in humans based on AUC.

### Fertility

Artemether-lumefantrine administration yielded altered sperm motility, abnormal sperm, reduced epididymal sperm count, increased testes weight, and embryotoxicity; other reproductive effects (decreased implants and viable embryos, increased preimplantation loss) were also observed. The no adverse effect level for fertility was 300 mg/kg/day. The relevance to this finding in humans is unknown.

### Juvenile toxicity studies

A study investigated the neurotoxicity of oral artemether in juvenile rats. Mortality, clinical signs and reductions in body weight parameters occurred most notably in younger rats. Despite the systemic toxicity noted, there were no effects of artemether on any of the functional tests performed and there was no evidence of a direct neurotoxic effect in juvenile rats.

Very young animals are more sensitive to the toxic effect of artemether than adult animals. There is no difference in sensitivity in slightly older animals compared to adult animals. Clinical studies have established the safety of artemether and lumefantrine administration in patients weighing 5 kg and above.

### Cardiovascular Safety Pharmacology

In toxicity studies in dogs at doses  $\geq 600$  mg/kg/day, there was some evidence of prolongation of the QTc interval (safety margin of 1.3-fold to 2.2-fold for artemether using calculated free C<sub>max</sub>), at higher doses than intended for use in man. In vitro hERG assays showed a safety margin of  $>100$  for artemether and dihydroartemisinin. The hERG IC<sub>50</sub> was 8.1  $\mu$ M for lumefantrine and 5.5  $\mu$ M for its desbutyl metabolite.

Based on the available non-clinical data, a potential for QTc prolongation in the human cannot be discounted. For effects in the human see sections 4.3, 4.4 and 5.1.

## **6 Pharmaceutical particulars**

### **6.1 List of excipients**

Croscarmellose Sodium, Lactose Monohydrate, Microcrystalline Cellulose, Sodium Lauryl Sulphate, Povidone (PVPK-30), Polysorbate 80, Purified Water, Colloidal Anhydrous Silica, Purified Talc, Magnesium Stearate, Hypromellose (Hydroxypropylmethylcellulose E-15), Macrogol (Polyethylene Glycol-6000), Tartrazine Lake, Isopropyl Alcohol & Dichloromethane.

**6.2 Incompatibilities**

Not applicable.

**6.3 Shelf life**

24 months

**6.4 Special precautions for storage**

Do not store above 30°C.

**6.5 Nature and contents of container**

Alu- blister packing

2-4 Alu blister of 6 tablets packed in a mono carton, along with pack insert.

**6.6 Special precautions for disposal and other handling**

The prescriber and pharmacist should instruct the parent or care giver on the posology for their child and that a variable number of tablets (depending on the child's body weight) will be requested for the full treatment. Therefore, the whole pack may not be used. After successful treatment the remaining tablets should be discarded or returned to the pharmacist.

**7<APPLICANT/MANUFACTURER>**

ZEST PHARMA  
275, Sector 'F'  
Sanwer Road, Indore,  
INDIA

**8 Date of revision of the text**

Not Applicable