

## 1. Name of medicinal product

**CLINISKIN CREAM** (Ketoconazole, Clobetasol Propionate, Neomycin sulphate & VITAMIN E Cream)

## 2. Composition:

Ketoconazole USP .....1.00% w/w  
Clobetasol Propionate USP .....0.025% w/w  
Neomycin Sulphate USP  
Equivalent to Neomycin Base ..... 0.5% w/w  
Vitamin E USP .....1.00% w/w  
Cream base .....q.s.

## 3. Pharmaceutical Form:

Topical

## 4. Clinical Particulars

### 4.1 Indication

For topical application in the treatment of dermatophyte infections of the skin such as tinea corporis, tinea cruris, tinea manus and tinea pedis infections due to Trichophyton spp, Microsporon spp and Epidermophyton spp. CLINISKIN is also indicated for the treatment of cutaneous candidosis (including vulvitis), tinea (pityriasis) versicolor and Seborrhoeic dermatitis caused by Malassezia (previously called Pityrosporum ) spp.

Clobetasol is a very potent topical corticosteroid indicated for adults, elderly and children over 1 year for the short term treatment only of more resistant inflammatory and pruritic manifestations of steroid responsive dermatoses unresponsive to less potent corticosteroids. These include the following:

- Psoriasis(excluding widespread plaque psoriasis)
- Recalcitrant dermatoses
- Lichen planus
- Discoid lupus erythematosus
- Other skin conditions which do not respond satisfactorily to less potent steroids.

Neomycin Sulfate is an antibiotic used to reduce the risk of infection during surgery of the bowel. Neomycin is also used to reduce the symptoms of hepatic coma.

### 4.2 Posology and Administration

Ketoconazole cream is for use in adults.

Cutaneous candidosis, Tinea corporis, Tinea cruris, Tinea manus, Tinea pedis and Tinea (pityriasis) versicolor:

It is recommended that CLINISKIN CREAM be applied once or twice daily to cover the affected and immediate surrounding area.

The usual duration of treatment is: Tinea versicolor 2–3 weeks, yeast infections 2-3 weeks, Tinea cruris 2-4 weeks, Tinea corporis 3–4 weeks, Tinea pedis 4-6 weeks.

Seborrheic dermatitis:

CLINISKIN CREAM should be applied to the affected areas once or twice daily.

The usual initial duration of treatment in seborrheic dermatitis is 2 to 4 weeks. Maintenance therapy can be applied intermittently (once weekly) seborrheic dermatitis.

Treatment should be continued until a few days after the disappearance of all symptoms.

The diagnosis should be reconsidered if no clinical improvement is noted after 4 weeks of treatment.

General measures in regard to hygiene should be observed to control sources of infection or reinfection.

Seborrheic dermatitis is a chronic condition and relapse is highly likely

.Method of administration: Cutaneous administration.

#### **4.3 Contraindication**

It is contra-indicated in patients with a known hypersensitivity to any of the ingredients or to ketoconazole itself.

#### **4.4 Special Warning & precautions for use**

Cream is not for ophthalmic use.

If Co-administered with a topical corticosteroid, to prevent a rebound effect after stopping a prolonged treatment with topical corticosteroids it is recommended to continue applying a mild topical corticosteroid in the morning and to apply cream in the evening, and to subsequently and gradually withdraw the topical corticosteroid therapy over a period of 2-3 weeks.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

No interaction studies have been performed.

#### **4.6 Fertility, Pregnancy and lactation**

There are no adequate and well-controlled studies in pregnant or lactating women. Data on a limited number of exposed pregnancies indicate no adverse effects of topical ketoconazole on pregnancy or on the health of the foetus/newborn child. Animal studies have shown reproductive toxicity at doses that are not relevant to the topical administration of Ketoconazole.

Plasma concentrations of ketoconazole are not detectable after topical application of CLINISKIN CREAM to the skin of non-pregnant humans. (See Pharmacokinetic properties, section 5.2) There are no known risks associated with the use of CLINISKIN CREAM in pregnancy or lactation.

#### **4.7 Effects on ability to drive and use machines**

Not available

#### **4.8 Undesirable effects**

The most commonly adverse reactions were application site pruritus, skin burning sensation, and application site erythema.

#### **4.9 Overdose**

##### **Topical Application**

Excessive topical application may lead to erythema, oedema and a burning sensation, which will appear upon discontinuation of the Treatments

##### **Ingestion**

In the event of accidental ingestion, supportive and symptomatic measures should be carried out.

### **5. Pharmacological properties**

#### **5.1 Pharmacodynamic properties**

Pharmaco therapeutic group: Antifungals for Topical Use, Imidazole and triazole derivatives

ATC Code: D01AC08

Usually ketoconazole cream acts rapidly on pruritus, which is commonly seen in dermatophyte and yeast infections, as well as skin conditions associated with the presence of *Malassezia* spp. This symptomatic improvement is observed before the first signs of healing are observed.

Ketoconazole, a synthetic imidazole dioxolane derivative, has a potent antimycotic activity against dermatophytes such as *Trichophyton* spp., *Epidermophyton floccosum* and *Microsporum* spp. and against yeasts, including *Malassezia* spp. and *Candida* spp. The effect on *Malassezia* spp. is particularly pronounced.

#### **5.2 Pharmacokinetic properties**

Plasma concentrations of ketoconazole were not detectable after topical administration of CLINISKIN CREAM in adults on the skin. In one study in infants with seborrhoeic dermatitis (n =19), where approximately 40 g of CLINISKIN CREAM was applied daily on 40% of the body surface area, plasma levels of ketoconazole were detected in 5 infants, ranging from 32 to 133 ng/mL.

## **6. Shelf Life**

36 months

### **6.1 Special precaution for Storage**

Do not store above 30°C.

### **6.2 Nature and contents of container**

30g tube pack in a carton along with insert.

## **7 Marketing Holder**

**Marketed By:**

**EVERDESTINY PHARMACEUTICALS LTD**

**Lagos, Nigeria.**

**Manufacturer**

**YASH MEDICARE PRIVATE LIMITED.**

Near Sabar Dairy, Talod Road, P.O. Hajipur,

Tal. Himatnagar, Gujrat.

