

1. NAME OF THE MEDICINAL PRODUCT

AC Diclo 50

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains:

- Diclofenac Sodium: 50 mg

3. PHARMACEUTICAL FORM

Tablet.

Description: Orange, round, film-coated tablets with a smooth surface.

4. CLINICAL PARTICULARS

4.1 Therapeutic Indications

AC Diclo 50 is indicated for the treatment of:

- Pain and inflammation in musculoskeletal disorders (e.g., rheumatoid arthritis, osteoarthritis, ankylosing spondylitis)
- Acute gout
- Post-traumatic and post-operative pain, inflammation, and swelling
- Dysmenorrhea (painful menstrual periods)
- Mild to moderate pain, including dental and back pain

4.2 Posology and Method of Administration

Adults and adolescents over 14 years:

- The recommended dose is 50 mg taken two to three times daily.
- Maximum daily dose: 150 mg.

Elderly (over 65 years):

- Use the lowest effective dose due to increased risk of adverse effects.

Children under 14 years:

- Not recommended for this age group.

Route of Administration:

- Oral. Tablets should be swallowed whole with water, preferably before meals.

4.3 Contraindications

- Hypersensitivity to Diclofenac or any excipient in the formulation.
- Active gastric or duodenal ulcer, bleeding, or perforation.

- History of asthma, urticaria, or other allergic reactions after taking NSAIDs.
- Severe renal, hepatic, or cardiac failure.
- Last trimester of pregnancy.

4.4 Special Warnings and Precautions for Use

- **Cardiovascular Risk:** Increased risk of thrombotic events, myocardial infarction, and stroke, especially with prolonged use or high doses.
- **Gastrointestinal Risk:** Monitor for signs of gastrointestinal bleeding, ulceration, or perforation, particularly in elderly patients.
- **Hepatic and Renal Effects:** Monitor liver function tests and renal parameters in patients with hepatic or renal impairment.
- Use with caution in patients with hypertension, heart failure, or a history of gastrointestinal disease.

4.5 Interaction with Other Medicinal Products and Other Forms of Interaction

- **Anticoagulants (e.g., warfarin):** Increased risk of bleeding.
- **Corticosteroids:** Increased risk of gastrointestinal ulcers or bleeding.
- **Diuretics and ACE inhibitors:** May reduce efficacy and increase risk of renal dysfunction.
- **Lithium and Methotrexate:** Increased plasma concentrations and toxicity.
- Avoid concomitant use with other NSAIDs.

4.6 Fertility, Pregnancy, and Lactation

- **Pregnancy:** Contraindicated in the third trimester due to risk of premature closure of the ductus arteriosus.
- **Lactation:** Small amounts of Diclofenac are excreted in breast milk; use with caution.
- **Fertility:** May impair female fertility; avoid in women trying to conceive.

4.7 Effects on Ability to Drive and Use Machines

Dizziness, drowsiness, or visual disturbances may occur. Patients should avoid driving or operating machinery if affected.

4.8 Undesirable Effects

Common adverse effects include:

- **Gastrointestinal:** Nausea, vomiting, abdominal pain, diarrhea, dyspepsia.
- **Central nervous system:** Headache, dizziness.
- **Skin:** Rash, pruritus.
- **Rare:** Peptic ulcer, gastrointestinal bleeding, anaphylaxis, liver enzyme elevation.

Report adverse reactions to AC Drugs Limited via the provided contact details.

4.9 Overdose

Symptoms: Nausea, vomiting, gastrointestinal bleeding, renal failure, drowsiness, or convulsions.
Management: Supportive care, gastric lavage, activated charcoal, and symptomatic treatment as needed.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic Properties

Mechanism of Action: Diclofenac Sodium is a non-steroidal anti-inflammatory drug (NSAID) with analgesic, anti-inflammatory, and antipyretic properties. It inhibits cyclooxygenase (COX-1 and COX-2), reducing prostaglandin synthesis.

5.2 Pharmacokinetic Properties

- Absorption: Rapidly absorbed; peak plasma levels occur within 2 hours after oral administration.
- Distribution: Highly protein-bound (~99%).
- Metabolism: Metabolized in the liver via hydroxylation and conjugation.
- Excretion: Excreted mainly in the urine (~60%) and bile (~40%).

5.3 Preclinical Safety Data

No evidence of carcinogenicity or mutagenicity in animal studies.

6. PHARMACEUTICAL PARTICULARS

6.1 List of Excipients

- Lactose
- Starch
- Na Benzoate
- Gelatin
- Mg Stearate

For Coating

- HPMC
- IPA
- Methylene Chloride
- Talc
- Titanium Dioxide
- Sunset Yellow Lake

6.2 Incompatibilities

None known.

6.3 Shelf Life

3 Years

6.4 Special Precautions for Storage

Store below 30°C in a dry place, away from direct sunlight. Keep out of reach of children.

6.5 Nature and Contents of Container

1 bottle per packet

7. MARKETING AUTHORIZATION HOLDER

AC Drugs Limited

Plot C5/C6 Old Airport Road,

Emene, Enugu State, Nigeria.

8. MARKETING AUTHORIZATION NUMBER

[To be provided upon regulatory approval]

9. DATE OF FIRST AUTHORIZATION/RENEWAL OF AUTHORIZATION

[To be specified]

10. DATE OF REVISION OF THE TEXT

December 2024