



**National Agency for Food & Drug Administration &
Control
(NAFDAC)**

Registration & Regulatory Affairs (R & R) Directorate

**SUMMARY OF PRODUCT CHARACTERISTICS (SmPC)
METRONE 200MG/5ML ORAL SUSPENSION**

Summary of Product Characteristics

1 NAME OF THE MEDICINAL PRODUCT

Metrone 200mg/5ml Oral Suspension

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 5 ml of Suspension contains Metronidazole Benzoate equivalent to 200 mg of Metronidazole.

3 PHARMACEUTICAL FORM

Oral Suspension.

A white to cream-yellow oral suspension easily dispersible with gentle shaking

4 CLINICAL PARTICULARS

4.1 Therapeutic indications

Metronidazole is indicated in adults and children for the following indications:

- In the treatment of urogenital trichomoniasis.
- In the treatment of acute ulcerative gingivitis.
- In the treatment of infections due to *E. histolytica* (including carrier states).
- In the treatment of infections due to *G. Lamblia* (including carrier states).
- In the prevention and treatment of infections due to anaerobic bacteria, particularly species of *Bacteroides*, anaerobic *Streptococci*, *fusobacteria*, *clostridia*, etc.
- In the treatment of acute dental infections.
- In the treatment of non-specific vaginitis.

Metronidazole is indicated in adults only for the following indications:

- In the treatment of chronic pressure sores and ulcers with possible infection due to anaerobes.

Consideration should be given to official guidance on the appropriate use of antibacterial agents.

4.2 Posology and method of administration

Oral

Recommended Dosage:

Urogenital trichomoniasis

Adults and children over 10 years:

2000mg as a single dose or 200 mg 3 times daily for 7 days or 400mg twice daily for 5-7 days

Children < 10 years:

40mg/kg orally as a single dose or 15 -30 mg/kg/day divided in 2-3 doses for 7 days; not to exceed 2000mg/dose

Acute ulcerative gingivitis

Adults & Children over 10 years:

600 mg daily in 3 divided doses for 3 days.

Children:

Aged 7 to 10 years:

300 mg daily in 3 divided doses for 3 days.

Aged 3 to 7 years:

200 mg daily in 2 divided doses for 3 days.

Aged 1 to 3 years:

150 mg in 3 divided doses for 3 days.

Amoebiasis

Adults and children over 10 years:

400 to 800mg 3 times daily for 5-10 days.

Children:

Aged 7 to 10 years:

200 to 400 mg 3 times daily for 5-10 days

Aged 3 to 7 years:

100 to 200 mg 4 times daily for 5-10 days

Aged 1 to 3 years:

100 to 200mg 3 times daily for 5-10 days.

Alternatively, doses may be expressed by body weight:

35 to 50mg/kg daily in 3 divided doses for 5 to 10 days, not to exceed 2400 mg/day

Giardiasis

Adults and children over 10 years:

2000 mg once daily for 3 days, or 400mg three times daily for 5 days, or 500mg twice daily for 7 to 10 days.

Children:

Aged 7 to 10 years:

1000 mg once daily for 3 days.

Aged 3 to 7 years:

600 mg to 800mg once daily for 3 days.

Aged 1 to 3 years:

500 mg once daily for 3 days.

Alternatively, as expressed in mg per kg of body weight: 15-40 mg/kg/day divided in 2- 3 doses.

Anaerobic infections

Treatment

Adults:

800 mg followed by 400 mg 8 hourly.

Children:

Children > 8 weeks to 12 years of age: The usual daily dose is 20-30mg/kg/day as a single dose or divided into 7.5mg/kg every 8 hours. The daily dose may be increased to 40mg/kg, depending on the severity of the infection. Duration of treatment is usually 7 days.

Children < 8 weeks of age: 15mg/kg as a single dose daily or divided into 7.5mg/kg every 12 hours.

In newborns with a gestation age < 40 weeks, accumulation of metronidazole can occur during the first week of life, therefore the concentrations of metronidazole in serum should preferably be monitored after a few days therapy.

Prophylaxis against postoperative infections caused by anaerobic bacteria:

Adults:

400 mg at 8 hourly intervals during the 24 hours immediately preceding operation, followed post operatively by intravenous or rectal administration until oral dosing can be resumed.

Children:

Children < 12 years: 20-30 mg/kg as a single dose given 2-3 hours before surgery

Newborns with a gestation age <40 weeks: 10mg/kg body weight as a single dose 2-3 hours before operation

Eradication of helicobacter pylori in paediatric patients:

As part of a combination therapy, 20mg/kg/day not to exceed 500mg twice daily for 7-14 days. Official guidelines should be consulted before initiating therapy.

Dental Infections

The usual total daily dose is 600 to 800 mg in divided doses. Treatment should generally be continued for 3 to 7 days.

Chronic pressure sores and ulcers

Adults:

1200 mg daily in 3 divided doses.

Bacterial Vaginitis

Adults and Adolescents:

A single dose of 2000mg may be used or 400 mg twice daily for 5-7 days.

Adjustment of dosage does not appear necessary in patients with renal impairment.

In the case of children whose weights are below those usual for their age, or of infants below 10 kg in weight, dosage of metronidazole should be reduced proportionately.

Metronidazole is removed during haemodialysis and should be administered after the procedure is finished.

Elderly:

Caution is advised particularly at high doses. No information is available on modification of dosage.

Hepatic Encephalopathy

Daily dosage should be reduced to one third and may be given once daily (see precautions).

4.3 Contraindications

Metronidazole should be used with caution in patients with active or chronic severe peripheral and central nervous system diseases due to the risk of neurological aggravation.

Use in patients with known hypersensitivity to metronidazole

4.4 Special warnings and precautions for use

The use of Metrone for prolonged treatment duration should be carefully weighed. If prolonged therapy is required, the physician should bear in mind the possibility of peripheral neuropathy or leucopenia. Both effects are usually reversible. It is

recommended that haematological tests be carried out regularly and that patients should be monitored for adverse reactions such as peripheral or central neuropathy (such as paraesthesia, ataxia, dizziness, vertigo, convulsive seizures) (see section 4.8).

High dosage regimens have been associated with transient epileptiform seizures. Caution is required in patients with active disease of the central nervous system except for brain abscess.

Metronidazole and a metabolite have been shown to be mutagenic in some tests with non mammalian cells.

Intensive or prolonged metronidazole therapy should be conducted only under conditions of close surveillance for clinical and biological effects and under specialist direction.

Metronidazole is removed during haemodialysis and should be administered after the procedure is finished.

Metronidazole is mainly metabolised by hepatic oxidation. Substantial impairment of metronidazole clearance may occur in the presence of advanced hepatic insufficiency. The risk/benefit using metronidazole to treat trichomoniasis in such patients should be carefully considered.

Metrone should be administered with caution to patients with hepatic encephalopathy.

Cases of severe bullous skin reactions, sometimes fatal, such as Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN) or acute generalised exanthematous pustulosis (AGEP) have been reported with metronidazole (see section 4.8). The majority of cases of SJS reported occurred within 7 weeks of starting treatment with metronidazole. Patients should be advised of the signs and symptoms and monitored closely for skin reactions. If symptoms of SJS, TEN or AGEP (e.g. flu-like symptoms, progressive skin rash often with blisters or mucosal lesions) are present, treatment must be immediately discontinued (see section 4.8).

Patients should be warned that metronidazole may darken urine (due to metronidazole metabolite).

Patients should be advised not to take alcohol during metronidazole therapy and for at least 48 hours afterwards (see section 4.5).

Hepatotoxicity in patients with Cockayne Syndrome

Cases of severe hepatotoxicity/acute hepatic failure, including cases with a fatal outcome with very rapid onset after treatment initiation in patients with Cockayne syndrome have been reported with products containing metronidazole for systemic use. In this population, metronidazole should not be used unless the benefit is considered to outweigh the risk and if no alternative treatment is available. Liver function tests must be performed just prior to the start of therapy, throughout and after end of treatment until liver function is within normal ranges, or until the baseline values are reached. If the liver function tests become markedly elevated during treatment, the drug should be discontinued. Patients with Cockayne syndrome should be advised to immediately report any symptoms of potential liver injury to their physician and stop taking metronidazole (see section 4.8).

This medicinal product contains 31.4 mg of ethanol in each 5 ml of suspension which is equivalent to 6.28 mg per ml (0.628% w/v). The amount in each 5 ml of this medicinal product is equivalent to less than 1 ml beer or 1 ml wine.

The small amount of ethanol in this medicinal product will not have any noticeable effects.

This medicinal product contains less than 1mmol sodium (23 mg) per 5ml, that is to say essentially 'sodium free'.

Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency should not take this medicine.

Metronidazole may interfere with certain types of blood test determinations in blood (aminotransferase [ALT], aspartate aminotransferase [AST], lactate dehydrogenase [LDH], triglycerides, glucose), which may lead to false negative or an abnormally low result. These analytical determinations are based on a decrease in ultraviolet absorbance, a fact that occurs when nicotinamide adenine dinucleotide hydrogen (NADH) is oxidized to nicotinamide adenine dinucleotide (NAD). The interference is due to the similarity in the absorption peaks of NADH (340 nm) and metronidazole (322 nm) at pH 7.

4.5 Interaction with other medicinal products and other forms of interaction

Potential of the anticoagulant effect and increased hemorrhagic risk caused by decreased hepatic catabolism. In case of coadministration, prothrombin time should be more frequently monitored and anticoagulant therapy adjusted during treatment with metronidazole.

Lithium retention observed by increased plasma lithium levels, accompanied by evidence of possible renal damage has been reported in patients treated simultaneously with lithium and metronidazole. Plasma levels of lithium may be increased by metronidazole. Lithium treatment should be tapered or withdrawn before administering metronidazole. Plasma concentration of lithium, creatinine and electrolytes should be monitored in patients under treatment with lithium while they receive metronidazole.

Phenytoin or Phenobarbital: increased elimination of metronidazole resulting in reduced plasma levels. A similar effect may occur with other drugs which induces hepatic microsomal enzymes.

Patients should be advised not to take alcohol, (or drugs containing alcohol) during metronidazole therapy and for at least 48 hours afterwards because of a disulfiram-like (antabuse effect) reaction (flushing, vomiting, tachycardia).

Disulfiram: psychotic reactions have been reported in patients who were using metronidazole and disulfiram concurrently.

Cyclosporin: risk of elevation of the cyclosporin serum levels. Serum cyclosporin and serum creatinine should be closely monitored when coadministration is necessary.

5-Fluorouracil: reduced clearance of 5-fluorouracil resulting in increased toxicity of 5-fluorouracil.

Busulfan: Plasma levels of busulfan may be increased by metronidazole, which may lead to severe busulfan toxicity.

Drugs that prolong QT interval: QT prolongation has been reported, particularly when metronidazole was administered with drugs with the potential for prolonging the QT interval.

4.6 Fertility, pregnancy and lactation

Metronidazole should only be used during pregnancy or lactation following careful evaluation and only if considered essential by the physician. Its effects on foetal organogenesis are not known. If used, high dosage regimens should be avoided. The drug crosses the placenta and is excreted in breast milk in which concentrations equal those in serum. Unnecessary exposure to the drug should be avoided.

4.7 Effects on ability to drive and use machines

Patients should be warned about the potential for confusion, dizziness, vertigo, hallucinations, convulsions or eye disorders (see section 4.8) and advised not to drive or operate machinery if these symptoms occur.

4.8 Undesirable effects

Frequency, type and severity of adverse reactions in children are the same as in adults.

Gastrointestinal disorders

- epigastric pain, nausea, vomiting, malaise, diarrhoea.
- oral mucositis, taste disorders, dry mouth, anorexia.
- reversible cases of pancreatitis.
- tongue discolouration/furry tongue.

Immune system disorders

- angioedema anaphylactic shock.

Nervous system disorders

- peripheral sensory neuropathy, paraesthesia
- headache, convulsions, dizziness.
- reports of encephalopathy (e.g. confusion) and subacute cerebellar syndrome (e.g. ataxia, dysarthria, gait impairment, nystagmus and tremor) which may resolve with discontinuation of the drug.
- aseptic meningitis, vertigo

Psychiatric disorders

- psychotic disorders including confusion, hallucinations
- depressed mood

Eye disorders

- transient vision disorders such as diplopia, myopia, blurred vision, decreased visual acuity, changes in color vision.
- Optic neuropathy/neuritis.

Ear and labyrinth disorders

- hearing impaired/hearing loss (including sensorineural)
- tinnitus

Blood and lymphatic system disorders

- cases of agranulocytosis, neutropenia and thrombocytopenia have been reported.

Hepatobiliary disorders

- increase in liver enzymes (AST, ALT, alkaline phosphatase), cholestatic or mixed hepatitis and hepatocellular liver injury, sometimes with jaundice, have been reported.
- cases of liver failure requiring liver transplant have been reported in patients treated with metronidazole mostly when used in combination with other antibiotic drugs.

Cases of severe irreversible hepatotoxicity/acute liver failure, including cases with fatal outcomes with very rapid onset after initiation of systemic use of metronidazole, have been reported in patients with Cockayne Syndrome (see section 4.4).

Skin and subcutaneous tissue disorders

- rash, pruritus, flushing, urticaria
- pustular eruptions, acute generalised exanthematous pustulosis
- fixed drug eruption
- Stevens-Johnson syndrome, toxic epidermal necrolysis.

General disorders and administration site conditions

- fever

Cardiac disorders

- Frequency not known: QT prolongation has been reported, particularly when metronidazole was administered with drugs with the potential for prolonging the QT interval.

4.9 Overdose

Single oral doses of metronidazole, up to 12g have been reported in suicide attempts and accidental overdoses. Symptoms were limited to vomiting, ataxia and slight disorientation. There is no specific antidote for metronidazole overdosage. In cases of suspected massive overdosage, a symptomatic and supportive treatment should be instituted.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Metronidazole has antiprotozoal and antibacterial actions including activity against anaerobic bacteria and entamoeba histolytica.

5.2 Pharmacokinetic properties

A nitroimidazole derivative well absorbed and widely distributed in the body. It is metabolised by hepatic acid oxidation, hydroxylation and glucuronidation and excreted in urine and faeces with a $T_{1/2}$ of about 6-10 hours.

After a 400 mg metronidazole (or equivalent) single oral dose, given either as metronidazole benzoate 6.4% suspension or metronidazole tablet to 10 healthy subjects in a cross-over study (Table 1), t_{max} is delayed by approximately 2 hours, C_{max} decreased by 45% and AUC by 20% corresponding to a decrease in relative bioavailability of 20% of the metronidazole benzoate 6.4 % oral suspension compared to the tablet. No change in elimination half-life is reported. No metronidazole benzoate was found in plasma.

These slight differences in the rate and extent of metronidazole absorption are due to the transformation of metronidazole benzoate to the active compound metronidazole by hydrolysis in the gastrointestinal tract.

Table 1 - Plasma metronidazole pharmacokinetic parameters after a single oral dose of metronidazole benzoate 6.4% suspension (400 mg metronidazole-equivalent) or metronidazole tablet (400 mg) to healthy male subjects (n=10)

Pharmacokinetic parameter	Metronidazole benzoate 6.4 % oral suspension	Metronidazole 400 mg tablet
T_{max} (h)	3.2	0.84
C_{max} ($\mu\text{g}/\text{mL}$)	4.6	8.5
AUC	66.6	82.2
Elimination half-life (h)	8.6	8.6

5.3 Preclinical safety data

Metronidazole has been shown to be carcinogenic in the mouse and in the rat. However, similar studies in the hamster have given negative results and epidemiological studies in humans have provided no evidence of an increased carcinogenic risk in humans.

Metronidazole has been shown to be mutagenic in bacteria in vitro. In studies conducted in mammalian cells in vitro as well as in rodent or humans in vivo, there was inadequate evidence of a mutagenic effect of metronidazole, with some studies reporting mutagenic effects, while other studies were negative.

Therefore, the use of Metrone for prolonged treatment duration should be carefully weighed (see section 4.4.)

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

-

6.2 Incompatibilities

Not applicable

6.3 Shelf life

Unopened: 3 years.

After opening discard any unused suspension after 28 days.

Metrone Suspension may be diluted, if necessary, with Syrup BP. The diluted suspension has a shelf life of 14 days.

6.4 Special precautions for storage

Store below 30°C. Store in the original container to protect from light

6.5 Nature and contents of container

This product is supplied in amber, glass bottles with a child proof cap with an expanded polyethylene seal, containing 50, 100 or 125ml suspension.

Not all pack sizes may be marketed.

6.6 Special precautions for disposal of a used medicinal product or waste materials derived from such medicinal product and other handling of the product

No special requirements

7 MARKETING AUTHORISATION HOLDER

Fidson Healthcare Plc,
Km. 38, Lagos-Abeokuta Expressway,
Sango Ota, Ogun State
+234 807 700 8888
www.fidson.com
customercare@fidson.com