

Summary of Product Characteristics

1. NAME OF THE MEDICINAL PRODUCT

Healthy Kid (*Baby & Infant*)

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each teaspoonful (5ml) contains: **Omega 3 fish oil** 15ml, **Biotin** 7mcg, **Choline Bitartrate** 20mg, **Vitamin B1** 0.5mg, **Vitamin B2** 0.8mg, **Vitamin B3** 6mg, **Vitamin B6** 0.5mg, **Vitamin B12** 1.0mcg, **Vitamin A** 133mcg, **Vitamin D3** 2.5mcg, **Vitamin E** 5mg, **Vitamin C** 30mg, **Folic Acid** 80mcg, **Iron** 4mg, **Zinc** 2.5mg, **Calcium** 10mg, **Iodine** 100mcg, **Arginine** 5mg and **Lysine** 25mg, **Inositol** 35mg

Excipients with known effect: Non

3. PHARMACEUTICAL FORM

Liquid

4.0 CLINICAL PARTICULARS

4.1 Therapeutic Indications

Supplements for babies and infants

4.2 Phosology and method of administration

Oral route

Dosage: Recommended Orally Once Per Day.

Dosage: BABIES (3-6 months) 2.5ml (half teaspoonful) INFANTS (7-5 years) 5ml (1 teaspoonful daily)

4.3 Contra indications

Hypersensitivity to any of the active ingredients or excipients

4.4 Special warnings and precautions for use

Do not exceed the recommended intake, or be given together with another supplements containing

Similar actives wash and dry the spoon thoroughly after use.

4.5 Interaction with other medicinal products and other forms of interaction

Should not be given concurrently with Antacids or Antibiotic

4.6 Fertility, pregnancy and lactation

Does not Applied as this products is for infants and Children

4.7 Effects on ability to drive and use machines

Has no influence on the ability to drive and use machines.

4.8 Undesirable effects

In rare cases, rashes may occur.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorization of the medicinal products important. It allows continued monitoring of the benefit/risk balance of the medicinal product Health care professionals are asked to report any suspected adverse reactions Nafdac Pharmacovigilance, or to Ecomed Pharma Ltd.

4.9 Overdose: Vitamins, when taken in excess, can be harmful. However, unlike other drugs, it will take a very large dose of this product to produce undesirable effects. Symptoms of vitamin overdose are not likely to appear with a single dose of: **For toxicity following recent ingestion**, call for immediate medical help. A gastric lavage may be done to prevent tracheal aspiration (inhalation of gastric contents). For delayed manifestations of toxicity, a mineral oil purgative may be taken to reduce absorption of the vitamins and to hasten elimination. Medical consultation must be made to be able to prevent further complications including liver, kidney, heart, and fluid-electrolyte problems.

5.0 PHARMACOLOGICAL PROPERTIES DHA is important for brain development in children and EPA for eyes development. CHOLINE is needed in early development in children for proper memory function. BIOTIN is very important in children, and is required for fat metabolism. VITAMIN A is important for good eye sight. VITAMIN B COMPLEX (B1, B2, B3, B6) for growth, general body development energy release, and nerve functions. FOLIC ACID, VITAMIN B12 AND IRON are important for Red Blood Cell production. VITAMIN D3 is important for strong bone development, VITAMIN E AND C are important for disease prevention and healthy skin. ARGININE AND LYSINE are amino acids which are important for growth, arginine is also very important in development of **Preterm Babies**. CALCIUM is important for brain development and prevention of **convulsion**. ZINC, IODINE, MAGNESIUM are important minerals involve in various important functions in the body.

5.1 Pharmacokinetic properties

Not applicable.

5.2 Preclinical safety data

No data of relevance which is additional to that already included in other section soft he SmPC.

6.0 PHARMACEUTICAL PARTICULARS

6.1 List of excipients: Water, malt, xanthan gum, Sorbitol, sugar, Glycerine, Tween 80, Edta, Sodium metabisulphite, orange flavor, methyl parabene, propyl parabenes, sodium benzoate, acid.

Marketing authorisation holder

United African Laboratories Ltd.

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