

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1. NAME OF THE MEDICINAL PRODUCT**

**CYPRIGOLD PLUS** [Cyproheptadine with Multivitamin Caplets]

### **2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each film-coated caplet contains:

Cyproheptadine

Hydrochloride (Anhydrous) BP	2 mg
Thiamine Hydrochloride BP	1.5 mg
Riboflavin BP	1.5 mg
Pyridoxine Hydrochloride BP	1 mg
Calcium Pantothenate BP	2.5 mg

### **3. PHARMACEUTICAL FORM**

Film-coated Caplet for oral use.

### **4. CLINICAL PARTICULARS**

#### **4.1. Therapeutic indications**

Cyproheptadine HCL in Cyprigold Plus is indicated for the Anorexia (lack of appetite).

Anorexia Nervosa is a psychological condition where patient does not want to take food.

Cyprigold Plus is indicated for loss of appetite, weight loss, and as adjunct to anti-tubercular and anti-retroviral regimens for weight gain.

Vitamin B1: Needed to process carbohydrates, fats and protein.

Vitamin B2: Needed to process amino acids and fats, help convert carbohydrates into the fuel pyridoxine hydrochloride (Vitamin B6).

Vitamin B6 is a constituent of the co-enzymes, pyridoxal pyrophosphate and pyridoxamine phosphate, both of which play an important role in protein metabolism.

Calcium Pantothenate: is a nutritional supplement and usually used in conjunction with other B group vitamins.

#### **4.2. Posology and method of administration** Route of administration: Oral.

The usual recommended dose of Cyprigold Plus Caplet in adult is one caplet 2 to 3 times in a day or as directed by the physician.

#### **4.3.**

#### **Contraindications Newborn or Premature**

#### **re Infants**

Use of Cyprigold Plus is contraindicated in newborn or premature infants.

## **Nursing Mothers**

Because of the high risk of antihistamines for infants generally and for newborns and premature infants in particular, antihistamine therapy is contraindicated in nursing mothers.

## **Other Conditions**

Other contraindications to Cyprigold Plus include hypersensitivity to any ingredient of formulation, angle-closure glaucoma, stenosing peptic ulcer, symptomatic prostatic hypertrophy, bladder neck obstruction and pyloroduodenal obstruction.

**4.4. Special warnings and special precautions for use Pediatric Patients** Overdosage of antihistamines, particularly in infants and young children, may produce hallucinations, central nervous system depression, convulsions, respiratory and cardiac arrest, and death. Antihistamines may diminish mental alertness; conversely, particularly in the young child, they may occasionally produce excitation.

## **CNS Depressants**

Antihistamines may have additive effects with alcohol and other CNS depressants, e.g., hypnotics, sedatives, tranquilizers, anti-anxiety agents.

## **Activities Requiring Mental Alertness**

Patients should be warned about engaging in activities requiring mental alertness and motor coordination, such as driving a car or operating machinery.

Antihistamines are more likely to cause dizziness, sedation, and hypotension in elderly patients.

## **PRECAUTIONS General**

Cyproheptadine has an atropine-like action and, therefore, should be used with caution in patients with:

History of bronchial  
asthma Increased intraocular  
pressure Hyperthyroidism Car  
diovascular  
disease Hypertension

## **4.5. Interactions with other Drug products and other forms of interaction Drug**

### **Interactions**

MAO inhibitors prolong and intensify the anticholinergic effects of antihistamines. Antihistamines may have additive effects with alcohol and other CNS depressants, e.g., hypnotics, sedatives, tranquilizers, anti-anxiety agents.

#### **4.6. Pregnancy and lactation**

Cyproheptadine had no effect on fertility in a two-litter study in rats or a two generation study in mice at about 10 times the human dose.

Cyproheptadine did not produce chromosome damage in human lymphocytes or fibroblasts *in vitro*; high doses (10<sup>-4</sup>M) were cytotoxic. Cyproheptadine did not have any mutagenic effect in the Ames microbial mutagen test; concentrations of above 500 mcg/plate inhibited bacterial growth.

#### **Pregnancy**

##### **Pregnancy Category B**

Reproduction studies have been performed in rabbits, mice, and rats at oral or subcutaneous doses up to 32 times the maximum recommended human oral dose and have revealed no evidence of impaired fertility or harm to the fetus due to Cyproheptadine. Cyproheptadine has been shown to be fetotoxic in rats when given by intraperitoneal injection in doses four times the maximum recommended human oral dose. Two studies in pregnant women, however, have not shown that Cyproheptadine increases the risk of abnormalities when administered during the first, second and third trimesters of pregnancy. No teratogenic effects were observed in any of the newborns. Nevertheless, because the studies in humans cannot rule out the possibility of harm, Cyproheptadine should be used during pregnancy only if clearly needed.

#### **Lactation**

It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, and because of the potential for serious adverse reactions in nursing infants from Cyproheptadine, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

#### **4.7. Effect on ability to drive and use machines**

This product may cause drowsiness and somnolence. Patients receiving it should not drive or operate machinery unless it has been shown that their physical and mental capacity remains unaffected.

#### **4.8. Undesirable effects**

There is no undesirable effect observed.

#### **4.9 Overdose**

Adverse events experienced in higher than recommended doses were similar to those seen at normal doses. In the event of over dosage, general symptomatic and supportive measures are indicated as required.

## **5. PHARMACOLOGICAL PROPERTIES 5.1. Pharmacodynamic properties**

Cyproheptadine is a piperidine antihistamine. Unlike other antihistamines, this drug also antagonizes serotonin receptors. This action makes Cyproheptadine useful in conditions such as vascular headache and anorexia. Cyproheptadine does not prevent the release of histamine but rather competes with free histamine for binding at H<sub>1</sub>-receptor sites. Cyproheptadine competitively antagonizes the effects of histamine on H<sub>1</sub>-receptors in the GI tract, uterus, large blood vessels, and bronchial smooth muscle. Most antihistamines possess significant anticholinergic properties, but Cyproheptadine exerts only weak anticholinergic actions. Blockade of central muscarinic receptors appears to account for Cyproheptadine's antiemetic effects, although the exact mechanism is unknown.

Cyproheptadine also competes with serotonin at receptor sites in smooth muscle in the intestines and other locations. Antagonism of serotonin in the appetite center of the hypothalamus may account for Cyproheptadine's ability to stimulate appetite. Cyproheptadine also has been used to counter vascular headaches, which many believe are caused by changes in serotonin activity; however it is unclear how Cyproheptadine exerts a beneficial effect on this condition.

## **5.2 Pharmacokinetic Properties**

### ***Absorption***

Well absorbed after oral administration.

### ***Metabolism***

Hepatic (cytochrome P-450 system) and some renal.

### ***Elimination***

After a single 4 mg oral dose of <sup>14</sup>C-labelled Cyproheptadine HCl in normal subjects, given as tablets 2% to 20% of the radioactivity was excreted in the stools. At least 40% of the administered radioactivity was excreted in the urine.

## **5.3. Preclinical safety data**

Not Applicable

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1. List of excipients**

Maize Starch

Sucrose

Methyl hydroxybenzoate

Propyl hydroxybenzoate

Colloidal Anhydrous Silica

Purified Talc

Magnesium Stearate

Isopropyl Alcohol

**6.2. Shelf life**

24Months

**6.4Specialprecautionsfor storage**

Store at a temperature below 30°C away from direct sunlight.

Keep all medicines out of reach of children.

**6.5. Natureand contentsof container**

3x 10Caplets inBlisterPack

**6.6. Instructionfor useand handling** Nospecialrequirements.

**7. APPLICANT**

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