**BRAND NAME:** Dr. Kisi's Vitamin B-complex

GENERIC NAME: Vitamin B1..... 5 mg Vitamin B2.....2 mg

Vitamin B6..... 2 mg

Nicotinamide ..... 20 mg

# SUMMARY OF PRODUCT CHARACTERISTICS

#### 1. NAME OF THE MEDICINAL PRODUCT

Dr. Kisi's Vitamin B-complex

# 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 5ml contains: Vitamin B1..... 5 mg Vitamin B2.....2 mg Vitamin B6..... 2 mg Nicotinamide ..... 20 mg

## **3. PHARMACEUTICAL FORM**

Oral Solution. A yellow viscous syrup.

## 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

Dr. Kisi's Vitamin B-complexsyrup is a preparation of multivitamins which are present in sufficient amount to prevent deficiencies of the contained vitamins and promote healthy growth. Indications include:

- a) Improvement of appetite and optimal utilization of food intake.
- b) Vitamin B1 deficiency resulting in Beriberi, Vitamin B2 deficiency resulting in angular stomatitis, vascularized cornea, photophobia and a burning sensation of the eye; neuritis in adult. In children, vitamin B6 deficiency affects the central nervous system adversely.
- c) Deficiency of Nicotinamide leading to Pellagra, loss of appetite, lethargy, mental and neurological disturbance.

As dietary supplements resulting in a compromised immune state.

#### 4.2 Posology and method of administration

Children: 2.5-5ml daily.

Adult and children above 10 years: 5-10ml dailyor as directed by the physician.

#### 4.3 Contraindications

Known sensitivity to any of the excipients

**BRAND NAME:** Dr. Kisi's Vitamin B-complex

GENERIC NAME: Vitamin B1..... 5 mg Vitamin B2.....2 mg

Vitamin B6..... 2 mg

# Nicotinamide ...... 20 mg

# SUMMARY OF PRODUCT CHARACTERISTICS

### 4.4 Special warnings and precautions for use

Most vitamins are comparatively non-toxic but prolonged administration of high doses of

Vitamin B6 may have severe adverse effects. Side effects may include nausea, diarrhea or constipation.

# 4.5 Interaction with other medicinal products and other forms of interaction

The pyridoxine hydrochloride in Dr Kisi's Vitamin B-complex may reduce the effectiveness of levodopa.

# 4.6 Pregnancy and lactation

Dr Kisi's Vitamin B-complex is considered safe in the recommended dose.

# 4.7 Effects on ability to drive and use machines

None stated

# 4.8 Undesirable effects

None known

# 4.9 Overdose

Not applicable.

**BRAND NAME:** Dr. Kisi's Vitamin B-complex

GENERIC NAME: Vitamin B1..... 5 mg Vitamin B2.....2 mg Vitamin B6...... 2 mg

Nicotinamide ..... 20 mg

# SUMMARY OF PRODUCT CHARACTERISTICS

#### **5. PHARMACOLOGICAL PROPERTIES**

#### 5.1 Pharmacodynamic properties

*Thiamine Hydrochloride (Vit B1):* A water soluble vitamin. It is a co-enzyme for carbohydrate metabolism.

*Riboflavine Sodium Phosphate (Vit B2):* A water soluble vitamin converted in the body to flavine mononucleotide and flavine adenine dinucleotide and then involved as co-enzymes in oxidative and reductive metabolic processes.

*Nicotinamide:* A water soluble vitamin considered part of the Vitamin B group. Converted to Nicotinamide Adenine Dinucleotide and Nicotinamide Adenine Dinucleotide Phosphate in the body, both of which are co-enzymes important in electron transfer in respiratory reactions. *Pyridoxine Hydrochloride (Vit B6):* A water soluble vitamin. Involved in carbohydrate and fat metabolism, but also important in haemoglobin formation.

Thus an adequate supply of these water-soluble vitamins is required for the optimumfunction of various cells and tissues.

These water soluble vitamins are not stored in the body to any significant extent, the excess

quantities being excreted in the urine. Therefore, a regular and adequate intake of them is necessary to meet the metabolic requirements.

Deficiencies of water soluble vitamins often co-exist several of them because of their overlapping dietary sources and metabolic interdependence.

Initially the deficiency of these vitamins may be subclinical and demonstrable only by

means of biochemical tests. If not corrected at this stage, it may become manifest as various

symptoms, including impaired wound healing and increased susceptibility to infection.

Classical deficiency diseases such as beriberi, pellagra and scurvy are rare, whereas mild and subclinical deficiencies are probably more common, even among apparently healthy individuals.

#### **5.2 Pharmacokinetic properties**

All the actives are water soluble vitamins. Quantities in excess of the bodies requirements are excreted either unchanged or as metabolites, mainly in the urine but to a lesser extent also in the faeces.

#### 5.3 Preclinical safety data

None stated

BRAND NAME: Dr. Kisi's Vitamin B-complex

GENERIC NAME: Vitamin B1..... 5 mg Vitamin B2......2 mg

Vitamin B6......2 mg

Nicotinamide ..... 20 mg

## SUMMARY OF PRODUCT CHARACTERISTICS

### 6. PHARMACEUTICAL PARTICULARS

#### 6.1 List of excipients

Sodium CMC Sodium methyl Paraben Sucrose Sodium citrate Sodium Benzoate Citric Acid Propylene glycol Ethanol 96% Banana flavor

#### **6.2 Incompatibilities**

None known

### 6.3 Shelf life

24 months.

#### 6.4 Special precautions for storage

Keep in a cool dry place below 30°C away from light.Keep out of reach of children.

# 6.5 Nature and contents of container

100mlamber plastic bottle in a cardboard carton along with packing leaflet

**6.6 Special precautions for disposal and other handling** None stated

# 7. MARKETING AUTHORISATION HOLDER

Bioraj Pharmaceuticals Limited No 405 Kaiama Road, Ilorin biorajpharmaceuticalltd@gmail.com