

SUMMARY OF PRODUCT CHARACTERISTICS

1. NAME OF THE MEDICINAL PRODUCT

Panto-Denk 40

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active substance: pantoprazole

Each gastro-resistant tablet contains 40 mg pantoprazole, equivalent to 45.15 mg pantoprazole sodium sesquihydrate.

Excipient with known effect: Each gastro-resistant tablet contains 76.85 mg maltitol.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Gastro-resistant tablets

Yellow, oval tablet.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

Panto-Denk 40 is indicated for use in adults and adolescents 12 years of age and above for:

- reflux oesophagitis.

Panto-Denk 40 is indicated for use in adults for:

- eradication of *Helicobacter pylori* (*H. pylori*) in combination with appropriate antibiotic therapy in patients with *H. pylori* associated ulcers
- gastric and duodenal ulcer
- Zollinger-Ellison-Syndrome and other pathological hypersecretory conditions.

4.2 Posology and method of administration

Posology

Adults and adolescents aged 12 years and above

Reflux oesophagitis

One tablet of pantoprazole 40 mg per day. In individual cases the dose may be doubled (increase to 2 tablets of pantoprazole 40 mg daily) especially when there has been no response to other treatment. A 4-week period is usually required for the treatment of reflux oesophagitis. If this is not sufficient, healing will usually be achieved within a further 4 weeks.

Adults

Eradication of *H. pylori* in combination with two appropriate antibiotics

In *H. pylori* positive patients with gastric and duodenal ulcers, eradication of the germ by a combination therapy should be achieved. Considerations should be given to official local guidance (e.g. national recommendations) regarding bacterial resistance and the appropriate use and prescription of antibacterial agents. Depending upon the resistance pattern, the following combinations can be recommended for the eradication of *H. pylori*:

- a) twice daily one tablet pantoprazole 40 mg
+ twice daily 1000 mg amoxicillin
+ twice daily 500 mg clarithromycin
- b) twice daily one tablet pantoprazole 40 mg
+ twice daily 400 - 500 mg metronidazole (or 500 mg tinidazole)
+ twice daily 250 - 500 mg clarithromycin
- c) twice daily one tablet pantoprazole 40 mg
+ twice daily 1000 mg amoxicillin
+ twice daily 400 - 500 mg metronidazole (or 500 mg tinidazole)

In combination therapy for eradication of *H. pylori* infection, the second pantoprazole 40 mg tablet should be taken 1 hour before the evening meal. The combination therapy is implemented for 7 days in general and can be prolonged for a further 7 days to a total duration of up to two weeks. If, to ensure healing of the ulcers, further treatment with pantoprazole is indicated, the dose recommendations for duodenal and gastric ulcers should be considered.

If combination therapy is not an option, e.g. if the patient has tested negative for *H. pylori*, the following dose guidelines apply for pantoprazole monotherapy:

Treatment of gastric ulcer

One tablet of pantoprazole 40 mg per day. In individual cases the dose may be doubled (increase to 2 tablets pantoprazole 40 mg daily) especially when there has been no response to other treatment. A 4-week period is usually required for the treatment of gastric ulcers. If this is not sufficient, healing will usually be achieved within a further 4 weeks.

Treatment of duodenal ulcer

One tablet of pantoprazole 40 mg per day. In individual cases the dose may be doubled (increase to 2 tablets pantoprazole 40 mg daily) especially when there has been no response to other treatment. A duodenal ulcer generally heals within 2 weeks. If a 2-week period of treatment is not sufficient, healing will be achieved in almost all cases within a further 2 weeks.

Zollinger-Ellison-Syndrome and other pathological hypersecretory conditions

For the long-term management of Zollinger-Ellison-Syndrome and other pathological hypersecretory conditions patients should start their treatment with a daily dose of 80 mg (2 tablets of pantoprazole 40 mg). Thereafter, the dose can be titrated up or down as needed using measurements of gastric acid secretion to guide. With doses above 80 mg daily, the dose should be divided and given twice daily. A temporary increase of the dose above 160 mg pantoprazole is possible but should not be applied longer than required for adequate acid control.

Treatment duration of Zollinger-Ellison-Syndrome and other pathological hypersecretory conditions is not limited and should be adapted according to clinical needs.

Special populations

Patients with hepatic impairment

A daily dose of 20 mg pantoprazole should not be exceeded in patients with severe liver impairment. Pantoprazole 40 mg must not be used in combination treatment for eradication of *H. pylori* in patients with moderate to severe hepatic dysfunction since currently no data are available on the efficacy and safety of pantoprazole 40 mg in combination treatment of these patients (see section 4.4).

Patients with renal impairment

No dose adjustment is necessary in patients with impaired renal function. Pantoprazole 40 mg must not be used in combination treatment for eradication of *H. pylori* in patients with impaired renal function since currently no data are available on the efficacy and safety of pantoprazole 40 mg in combination treatment for these patients (see section 5.2).

Elderly people

No dose adjustment is necessary in elderly patients (see section 5.2).

Paediatric population

Pantoprazole is not recommended for use in children below 12 years of age due to limited data on safety and efficacy in this age group (see section 5.2).

Method of administration

Oral use. The tablets should not be chewed or crushed, and should be swallowed whole 1 hour before a meal with some water.

4.3 Contraindications

Hypersensitivity to the active substance, substituted benzimidazoles, soya, peanuts or to any of the excipients listed in section 6.1.

4.4 Special warnings and precautions for use

Hepatic impairment

In patients with severe liver impairment the liver enzymes should be monitored regularly during treatment with pantoprazole, particularly on long-term use. In the case of a rise of the liver enzymes the treatment should be discontinued (see section 4.2).

Combination therapy

In the case of combination therapy, the summaries of product characteristics of the respective medicinal products should be observed.

Gastric malignancy

Symptomatic response to pantoprazole may mask the symptoms of gastric malignancy and may delay diagnosis. In the presence of any alarm symptom (e. g. significant unintentional weight loss, recurrent vomiting, dysphagia, haematemesis, anaemia or melaena) and when gastric ulcer is suspected or present, malignancy should be excluded.

Further investigation is to be considered if symptoms persist despite adequate treatment.

Co-administration with HIV protease inhibitors

Co-administration of pantoprazole is not recommended with HIV protease inhibitors for which absorption is dependent on acidic intragastric pH such as atazanavir, due to significant reduction in their bioavailability (see section 4.5).

Influence on vitamin B12 absorption

In patients with Zollinger-Ellison-Syndrome and other pathological hypersecretory conditions requiring long-term treatment, pantoprazole, as all acid-blocking medicines, may reduce the absorption of vitamin B12 (cyanocobalamin) due to hypo- or achlorhydria. This should be considered in patients with reduced body stores or risk factors for reduced vitamin B12 absorption on long-term therapy or if respective clinical symptoms are observed.

Long-term treatment

In long-term treatment, especially when exceeding a treatment period of 1 year, patients should be kept under regular surveillance.

Gastrointestinal infections caused by bacteria

Treatment with pantoprazole may lead to a slightly increased risk of gastrointestinal infections caused by bacteria such as *Salmonella* and *Campylobacter* and *C. difficile*.

Hypomagnesaemia

Severe hypomagnesaemia has been reported in patients treated with PPIs like pantoprazole for at least three months, and in most cases for a year. Serious manifestations of hypomagnesaemia such as fatigue, tetany, delirium, convulsions, dizziness and ventricular arrhythmia can occur but they may begin insidiously and be overlooked. In most affected patients, hypomagnesaemia improved after magnesium replacement and discontinuation of the PPI.

For patients expected to be on prolonged treatment or who take PPIs with digoxin or medicinal products that may cause hypomagnesaemia (e.g., diuretics), health care professionals should consider measuring magnesium levels before starting PPI treatment and periodically during treatment.

Bone fractures

Proton pump inhibitors, especially if used in high doses and over long durations (>1 year), may modestly increase the risk of hip, wrist and spine fracture, predominantly in older people or in presence of other recognised risk factors.

Observational studies suggest that proton pump inhibitors may increase the overall risk of fracture by 10 – 40 %. Some of this increase may be due to other risk factors. Patients at risk of osteoporosis should receive care according to current clinical guidelines and they should have an adequate intake of vitamin D and calcium.

Subacute cutaneous lupus erythematosus (SCLE)

Proton pump inhibitors are associated with very infrequent cases of SCLE. If lesions occur, especially in sun-exposed areas of the skin, and if accompanied by arthralgia, the patient should seek medical help promptly and the health care professional should consider stopping pantoprazole. SCLE after previous treatment with a proton pump inhibitor may increase the risk of SCLE with other proton pump inhibitors.

Interference with laboratory tests

Increased Chromogranin A (CgA) level may interfere with investigations for neuroendocrine tumours. To avoid this interference, pantoprazole treatment should be stopped for at least 5 days before CgA measurements (see section 5.1). If CgA and gastrin levels have not returned to reference range after initial measurement, measurements should be repeated 14 days after cessation of proton pump inhibitor treatment.

This medicine contains maltitol.

Patients with rare hereditary problems of fructose intolerance should not take this medicine.

4.5 Interaction with other medicinal products and other forms of interaction

Medicinal products with pH-dependent absorption pharmacokinetics

Because of profound and long lasting inhibition of gastric acid secretion, pantoprazole may interfere with the absorption of other medicinal products where gastric pH is an important determinant of oral availability e.g some azole antifungals such as ketoconazole, itraconazole, posaconazole and other medicine such as erlotinib.

HIV protease inhibitors

Co-administration of pantoprazole is not recommended with HIV protease inhibitors for which absorption is dependent on acidic intragastric pH such as atazanavir due to significant reduction in their bioavailability (see section 4.4).

If the combination of HIV protease inhibitors with a proton pump inhibitor is judged unavoidable, close clinical monitoring (e.g. virus load) is recommended. A pantoprazole dose of 20 mg per day should not be exceeded. Dosage of the HIV protease inhibitor may need to be adjusted.

Coumarin anticoagulants (phenprocoumon or warfarin)

Co-administration of pantoprazole with warfarin or phenprocoumon did not affect the pharmacokinetics of warfarin, phenprocoumon or INR. However, there have been reports of increased INR and prothrombin time in patients receiving PPIs and warfarin or phenprocoumon concomitantly. Increases in INR and prothrombin time may lead to abnormal bleeding, and even death. Patients treated with pantoprazole and warfarin or phenprocoumon may need to be monitored for increase in INR and prothrombin time.

Methotrexate

Concomitant use of high dose methotrexate (e.g. 300 mg) and proton pump inhibitors has been reported to increase methotrexate levels in some patients. Therefore in settings where high-dose methotrexate is used, for example cancer and psoriasis, a temporary withdrawal of pantoprazole may need to be considered.

Other interactions studies

Pantoprazole is extensively metabolized in the liver via the cytochrome P450 enzyme system. The main metabolic pathway is demethylation by CYP2C19 and other metabolic pathways include oxidation by CYP3A4.

Interaction studies with medicinal products also metabolized with these pathways, like carbamazepine, diazepam, glibenclamide, nifedipine, and an oral contraceptive containing levonorgestrel and ethinyl oestradiol did not reveal clinically significant interactions.

An interaction of pantoprazole with other medicinal products or compounds, which are metabolized using the same enzyme system, cannot be excluded.

Results from a range of interaction studies demonstrate that pantoprazole does not affect the metabolism of active substances metabolised by CYP1A2 (such as caffeine, theophylline), CYP2C9 (such as piroxicam, diclofenac, naproxen), CYP2D6 (such as metoprolol), CYP2E1 (such as ethanol) or does not interfere with p-glycoprotein related absorption of digoxin.

There were no interactions with concomitantly administered antacids.

Interaction studies have also been performed by administering pantoprazole concomitantly with the respective antibiotics (clarithromycin, metronidazole, amoxicillin). No clinically relevant interactions were found.

Medicinal products that inhibit or induce CYP2C19

Inhibitors of CYP2C19 such as fluvoxamine could increase the systemic exposure of pantoprazole. A dose reduction may be considered for patients treated long-term with high doses of pantoprazole, or those with hepatic impairment.

Enzyme inducers affecting CYP2C19 and CYP3A4 such as rifampicin and St John's wort (*Hypericum perforatum*) may reduce the plasma concentrations of PPIs that are metabolized through these enzyme systems.

4.6 Fertility, pregnancy and lactation

Pregnancy

A moderate amount of data on pregnant women (between 300-1000 pregnancy outcomes) indicate no malformative or fetoneonatal toxicity of pantoprazole. Animal studies have shown reproductive toxicity (see section 5.3).

As a precautionary measure, it is preferable to avoid the use of pantoprazole during pregnancy.

Breast-feeding

Animal studies have shown excretion of pantoprazole in breast milk. There is insufficient information on the excretion of pantoprazole in human milk but excretion into human milk has been reported. A risk to the newborns/infants cannot be excluded. Therefore a decision on whether to discontinue breast-feeding or to discontinue/abstain from pantoprazole therapy should take into account the benefit of breast-feeding for the child, and the benefit of pantoprazole therapy to women.

Fertility

There was no evidence of impaired fertility following the administration of pantoprazole in animal studies (see section 5.3).

4.7 Effects on ability to drive and use machines

Pantoprazole has no or negligible influence on the ability to drive and use machines.

Adverse drug reactions such as dizziness and visual disturbances may occur (see section 4.8). If affected, patients should not drive or operate machines.

4.8 Undesirable effects

Approximately 5 % of patients can be expected to experience adverse drug reactions (ADRs). The most commonly reported ADRs are diarrhoea and headache, both occurring in approximately 1 % of patients.

The table below lists adverse reactions reported with pantoprazole, ranked under the following frequency classification:

Very common ($\geq 1/10$); common ($\geq 1/100$ to $< 1/10$); uncommon ($\geq 1/1,000$ to $< 1/100$); rare ($\geq 1/10,000$ to $< 1/1,000$); very rare ($< 1/10,000$), not known (cannot be estimated from the available data).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

Table 1. Adverse reactions with pantoprazole in clinical trials and post-marketing experience

Frequency	common	uncommon	rare	very rare	not known
System organ class					
Blood and lymphatic system disorders			Agranulocytosis	Thrombocytopenia, Leukopenia, Pancytopenia	
Immune system disorders			Hypersensitivity (including anaphylactic reactions and anaphylactic shock)		
Metabolism and nutrition disorders			Hyperlipidaemias and lipid increases (triglycerides, cholesterol); Weight changes		Hyponatraemia Hypomagnesaemia (see section 4.4); Hypocalcaemia ⁽¹⁾ Hypokalaemia
Psychiatric disorders		Sleep disorders	Depression (and all aggravations)	Disorientation (and all aggravations)	Hallucination; Confusion (especially in predisposed patients, as well as the aggravation of these symptoms in case of preexistence)
Nervous system disorders		Headache; Dizziness	Taste disorders		Parasthesia
Eye disorders			Disturbances in vision / blurred vision		
Gastrointestinal disorders	Fundic gland polyps (benign)	Diarrhoea; Nausea/vomiting; Abdominal distension and bloating; Constipation; Dry mouth; Abdominal pain and discomfort			
Hepatobiliary disorders		Liver enzymes increased (transaminases,	Bilirubin increased		Hepatocellular injury; Jaundice;

Frequency	common	uncommon	rare	very rare	not known
System organ class					
		γ-GT)			Hepatocellular failure
Skin and subcutaneous tissue disorders		Rash / exanthema / eruption; Pruritus	Urticaria; Angioedema		Stevens-Johnson syndrome; Lyell syndrome; Erythema multiforme; Photosensitivity, Subacute cutaneous lupus erythematosus (see section 4.4).
Musculoskeletal and connective tissue disorders		Fracture of the hip, wrist or spine (see section 4.4)	Arthralgia; Myalgia		Muscle spasm ⁽²⁾
Renal and urinary disorders					Interstitial Nephritis (with possible progression to renal failure)
Reproductive system and breast disorders			Gynaecomastia		
General disorders and administration site conditions		Asthenia, fatigue and malaise	Body temperature increased; Oedema peripheral		

⁽¹⁾ Hypocalcemia in association with hypomagnesemia

⁽²⁾ Muscle spasm as a consequence of electrolyte disturbance

Very rarely, lecithin from soya beans may cause allergic reactions.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system.

4.9 Overdose

There are no known symptoms of overdose in humans.

Systemic exposure with up to 240 mg administered intravenously over 2 minutes were well tolerated. As pantoprazole is extensively protein bound, it is not readily dialysable.

In the case of an overdose with clinical signs of intoxication, apart from symptomatic and supportive treatment, no specific therapeutic recommendations can be made.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: proton pump inhibitors; ATC code: A02BC02

Mechanism of action

Pantoprazole is a substituted benzimidazole which inhibits gastric acid secretion by specifically reacting with the proton pumps of parietal cells.

Pantoprazole is converted to its active form in the acid compartment of parietal cells, where it inhibits H⁺/K⁺-ATPase, i.e. the final stage of acid production in the stomach. Inhibition is dose-dependent and acts on both basal and stimulated gastric acid secretion. In most patients, symptomatic relief is achieved within 2 weeks. As with other proton pump inhibitors and H₂-receptor blockers, gastric acid is reduced by treatment with pantoprazole, leading to a rise in gastrin levels in proportion to acid reduction. The rise in gastrin levels is reversible. As pantoprazole binds to the enzyme distal to the receptor level, it can influence acid secretion irrespectively of stimulation by other substances (acetylcholine, histamine, gastrin). The effect is the same, regardless of whether the medicinal product is administered orally or intravenously.

During treatment with antisecretory medicinal products, serum gastrin increases in response to the decreased acid secretion. Also CgA increases due to decreased gastric acidity. The increased CgA level may interfere with investigations for neuroendocrine tumours.

Available published evidence suggests that proton pump inhibitors should be discontinued between 5 days and 2 weeks prior to CgA measurements. This is to allow CgA levels that might be spuriously elevated following PPI treatment to return to reference range.

Pharmacodynamic effects

Fasting levels of gastrin rise during pantoprazole treatment. In short-term use, they do not usually exceed the upper threshold value. In long-term treatment with pantoprazole, gastrin levels double in most cases. However, an excessive rise occurs only in isolated cases. As a result, a mild to moderate increase in specific endocrine cells (ECL = enterochromaffin-like) in the stomach is observed (simple to adenomatous hyperplasia) in a small number of long-term treatments. However, based on the studies conducted to date (see section 5.3), the development of carcinoid precursors (atypical hyperplasia) or gastric carcinoids can be ruled out in humans.

Based on data from animal studies, effects on endocrine thyroid and liver enzyme parameters cannot be excluded in long-term treatment with pantoprazole beyond one year.

5.2 Pharmacokinetic properties

Absorption

Pantoprazole is rapidly absorbed. Full active substance levels are achieved even after single oral administration of 40 mg pantoprazole. On average, the maximum serum concentration of approximately 2-3 µg/ml is reached after about 2.5 hours post-dose and remains constant even after multiple administration.

The pharmacokinetic characteristics after single and repeated administration do not differ. Within the dose range of 10-80 mg, pantoprazole has virtually linear kinetics both after oral and intravenous administration.

For the absolute bioavailability of the tablet, values of around 77% were found. No effect on AUC, peak serum concentration and hence bioavailability was found from concomitantly ingested food. Only the variability of the lag-time will be increased by concomitant food intake.

Distribution

The serum protein binding of pantoprazole is around 98%. The volume of distribution is approximately 0.15 l/kg.

Biotransformation

Pantoprazole is almost exclusively metabolized in the liver. The main metabolic pathway is demethylation by CYP2C19 with subsequent sulphate conjugation, other metabolic pathway include oxidation by CYP3A4.

Elimination

Terminal half-life is about 1 hour and clearance is about 0.1 l/h/kg. In a few cases, subjects with delayed elimination have been observed. Due to the specific activation of pantoprazole in the parietal cell, the elimination half-life does not correlate to the much longer duration of action (inhibition of acid secretion).

Most of the metabolites (about 80%) are renally excreted, with the remainder via the faeces. In both serum and urine, the main metabolite is desmethyl pantoprazole, which is conjugated with sulphate. The half-life of the main metabolite (about 1.5 h) is only negligibly longer than that of pantoprazole.

Special populations

Poor metabolisers

Approximately 3 % of the European population lack a functional CYP2C19 enzyme and are called poor metabolisers. In these individuals the metabolism of pantoprazole is probably mainly catalysed by CYP3A4. After a single-dose administration of 40 mg pantoprazole, the mean area under the plasma concentration-time curve was approximately 6 times higher in poor metabolisers than in subjects having a functional CYP2C19 enzyme (extensive metabolisers). Mean peak plasma concentrations were increased by about 60 %. These findings have no implications for the posology of pantoprazole.

Renal impairment

No dose reduction is required when administering pantoprazole to patients with impaired renal function (including dialysis patients). As in healthy subjects, the half-life is short. Pantoprazole is dialysed only to a very minor extent. Although the main metabolite has a moderately prolonged half-life (2 - 3 h), no accumulation occurs as excretion is nevertheless rapid.

Hepatic impairment

Although for patients with liver cirrhosis (classes A and B according to Child), the half-life is prolonged to values between 7-9 h and AUC values are increased by a factor of 5-7, the maximum serum concentration only increases slightly by a factor of 1.5 compared with healthy subjects.

Elderly people

A slight increase in AUC and C_{max} in elderly versus younger subjects has likewise no clinical relevance.

Paediatric population

Following administration of single oral doses of 20 or 40 mg pantoprazole to children aged 5 - 16 years AUC and C_{max} were in the range of corresponding values in adults.

Following administration of single i.v. doses of 0.8 or 1.6 mg/kg pantoprazole to children aged 2 – 16 years there was no significant association between pantoprazole clearance and age or weight. AUC and volume of distribution were in accordance with data from adults.

5.3 Preclinical safety data

Pre-clinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity and genotoxicity.

In a 2-year study to investigate carcinogenic potential in rats, neuroendocrine neoplasms were found. Furthermore, squamous cell papillomas occurred in one study in the forestomach of rats. The mechanism behind the development of gastric carcinoids due to substituted benzimidazoles has been carefully investigated and allows the conclusion that an indirect mechanism is at work, as a result of highly elevated serum gastrin levels in rats during long-term administration.

In rats and female mice, an increased number of hepatic tumours were observed in the two-year studies, which is interpreted as being the result of the high metabolic rate of pantoprazole in the liver.

A slight increase in neoplastic thyroid changes was observed in the highest dose group (200 mg/kg) in rats. Occurrence of these neoplasms is related to pantoprazole-induced changes in the breakdown of thyroxine in the rat liver. On account of the low therapeutic dose in humans, no undesirable effects on the thyroid gland are expected.

In animal reproduction studies, signs of slight fetotoxicity were observed at doses above 5 mg/kg. Investigations revealed no evidence of impaired fertility or teratogenic effects. The placental passage of pantoprazole has been investigated in the rat, whereby it increases with advancing pregnancy. Hence, concentrations in the foetus are higher shortly prior to parturition.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Tablet core

Maltitol
Crospovidone
Carmellose sodium
Sodium carbonate
Calcium stearate

Tablet film

Poly(vinyl alcohol)
Talc
Titanium dioxide
Macrogol 3350
Lecithin from soya beans
Iron(III) oxide-hydroxide
Sodium carbonate
Methacrylic acid-ethyl acrylate copolymer (1:1)
Triethyl citrate

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

3 years

6.4 Special precautions for storage

Store below 30 °C.

6.5 Nature and contents of container

Aluminium/aluminium blisters

Pack size: 28 gastro-resistant tablets

6.6 Special precautions for disposal and other handling

No special requirements

7. MARKETING AUTHORISATION HOLDER

DENK PHARMA GmbH & Co. KG
Prinzregentenstrasse 79
81675 München
Germany

8. MARKETING AUTHORISATION NUMBER IN GERMANY

78672.00.00

9. DATE OF FIRST AUTHORISATION IN GERMANY

25/11/2009

10. DATE OF REVISION OF THE TEXT

12/2017

11. GENERAL CLASSIFICATION FOR SUPPLY

Medicinal product subject to medical prescription